Lessons from Japan: a look at Century Housing System

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LESSONS FROM JAPAN: A LOOK AT CENTURY HOUSING SYSTEM

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1 INTRODUCTION
Japanese traditional wooden houses are a good example of system architecture (Fukao 1987). Originating from Chinese temple construction, the housing is based on the distance between column centres known as a ken. Both the widths and depths of all spaces were multiples of this standard unit and formed the frame of reference for the remaining components – timber structure, tatami mats, doors, and even furniture (Hirai, 1998). Modern housing (particularly post-WWII, during a national shortage) moved away from this type of construction in an effort towards mass production. In the mid-70s, when the number of houses surpassed the number of households, a shift occurred from focusing on quantity to quality, and the emphasize returned to a more systemic approach in the context of the industrialized era inspired by a systems approach to schools in the UK (CLASP) and the US (SCSD). Several projects arose led by KEP (Koden Experimental Housing Projects), but it wasn’t until 1980, and the start of The Century Housing System (CHS) that a national campaign took place in an attempt to coordinate all of the previous efforts into a single system (Utida, 1983).

CHS started as a government-led research initiative formed primarily by academic members from 1980-1982. The objective was to extend the longevity of housing by developing a systems approach to the housing sector focused on the changeability of components throughout the building life, reducing premature functional obsolescence by increasing the building’s adaptability. As shown below, the approach utilized interface matrices, essentially DSMs, to identify the types of relationships between components stressing their capacity to be changed without damaging other parts (i.e. the interfaces between components). This paper looks at the system, process, and key findings from their experience to understand their applicability to DSM, system design, buildings, and designing for adaptability in today’s context.

2 THE SYSTEM
Century housing system set out to develop long-lasting, durable and a higher quality of housing. The system took into account the sequence of construction, spread of design responsibilities, and allowance for maintenance through component compatibility (Utida 2002). The following subsections highlight some of the relevant aspects of the system.

2.1 Component Groups
The level of abstraction considered for the component groups is important. Too small a consideration, such as bolts, would not be able to take advantage of the changeability at the level of the building, while too large of a unit would create a uniform product (Utida 1983). The driver was to produce meaningful customization without unnecessary differentiation just for the sake of it. Component groups consisted of the components themselves, the connections outside of the group, and all the embodied work needed to design, produce, construct and maintain the group’s functionality. The first task undertaken was to determine guidance for division of the building into component groups. The result was ten principles:

1. Divide concepts into standard shapes
2. Divide to be functional
3. Divide corresponding to set of usability (e.g. movability)
4. Divide according to the durability level
5. Divide corresponding to types of constructor (division of labour)
6. Divide coordinating with construction process (sequence)
7. Divide corresponding to the organizations of production and logistics
8. Divide to avoid not reducing the flexibility of combination
9. Divide to understand each price of parts or components
10. Divide coordinating with types of living (ownership model)

The system places the component groups into 5 categories according to their durability (lifespan) and their economic rationality (see Table 1). The decisions were based on accumulated experience in the construction industry. The categories moved from Infill, individual consumption assets, to Support, public, fixed assets. The overall concept is driven by the capacity for the long lifespan components not to be damaged with the changing of the shorter lifespan components demonstrating careful thought for future maintenance and management of the building. Which category the components fell into was not mandated by the committee, but only suggested as a possibility. It was then up to the designer to classify the components based on their given solution (i.e. each project would have a somewhat unique breakdown of where the components ‘fit’ based on the specifics of the proposed design and the designer’s interpretation).

Table 1 CHS Layers (Adapted from Utida, 2002)

<table>
<thead>
<tr>
<th>Component Examples</th>
<th>Life span category</th>
<th>average</th>
</tr>
</thead>
<tbody>
<tr>
<td>light bulbs, packing</td>
<td>3-6</td>
<td>4</td>
</tr>
<tr>
<td>hot water heater, home appliances, piping, wiring</td>
<td>6-12</td>
<td>8</td>
</tr>
<tr>
<td>movable partitions, built-in furniture</td>
<td>12-25</td>
<td>15</td>
</tr>
<tr>
<td>exterior door and windows, roof</td>
<td>25-50</td>
<td>30</td>
</tr>
<tr>
<td>foundation, main columns and beams</td>
<td>50-100</td>
<td>60</td>
</tr>
</tbody>
</table>

2.2 Rules
The rules took into consideration that, unlike an off-the-shelf consumer product, each building site is unique and needs to be adjusted to. Thus, the rules could not be absolute, but allow interpretation by the designer to accommodate the specific context of the project (as opposed to standards). The rules themselves were not only about how to make things (jointing at interfaces, dimensional reference systems, tolerances, etc.), but also how to set up production organizations (e.g. sequence of work, arrangement of materials, and dimensions). For example, different types of components (structural framed, flat panel-like, box-shaped or vertical panel) will have different relationships to the grid lines in order to optimize their coordination (e.g. center-to-center face to face etc.). Thus, it is important to understand the characteristics of the components and how they are to be assembled. How the different components relate to the grid lines and how they interface between themselves is then contingent on their sequence in construction. Most rules worked at varying scales augmenting the ability for enough diversification to take place based on component sizes (e.g. dimensions in the horizontal direction were based on a 900mm, 300mm, and 150mm series). Over time, it is important to allow the rules to evolve to changing circumstances as well (Utida 1983).

2.3 The Interface Map
The interface map was used to visualize types of relationships between the components and whether they followed the principles of CHS or not. It was thus used as a representational device aimed at highlighting the problematic relationships between components (broken rules) rather than be used as an analytical/ developmental tool for system optimization. The matrices were updated after each design iteration to show how the relationships had/ hadn’t improved (again serving as a visual tool). Figure 1 is an example of a reinforced concrete apartment building where in most cases there was limited examination between same level components (e.g. 8, 30, 60, etc.). This bias was due to the thought that those components, in theory, would be changed at the same time, whereas the
relationships between different lifespan components were seen as more crucial. The primary exception to that logic was the emphasis they put on the service related components where many of the conflicting relationships (broken rules) occur. It was felt the accessibility and changeability of service elements to be the most critical part of a building from their experience and lead to the focus on those components.

Figure 1 Reinforced Concrete Apartment example (Adapted from CHPC 1986)

<table>
<thead>
<tr>
<th>Horizontal zone</th>
<th>60</th>
<th>30</th>
<th>15</th>
<th>9</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>60 Structural frame</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Plumbing of common area</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30 Opening (e.g. entrance)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Building enclosure wall (interior side)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Floor framing (area floor)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ceiling framing</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Partition (fixed)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Partition (movable)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frame for fittings</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Railing (for hot water)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Railing (for gas ends)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Railing (for feeding water)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tiling</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sanitary fixture</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18 Heating</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Exhaust pipe</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kitchen</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Laundry sink</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8 Bathroom unit</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kitchen heating</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>San</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sanitation box of the house</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

○ When we exchange the parts in the vertical base (top), we will not damage the horizontal base ones (left)
X Opposite of (O) Needs improvement
A Some durability; horizontal base will win at joint
< Uoti the parts by using screw and glue for example, I tried to separate because of the location and joining method

2.4 Qualification

After the initial two year academic research initiative, the government broadened the research to include a large industry consortium for an additional five year business committee. At the end of this, the promotion committee produced a five volume guidebook (CHPC 1985) which served as a reference for industry and the public with rules, ranges, definitions, and conditions to apply for the housing incentive. The Center for Better Living and their committee were in charge of the qualification process. In between the design and construction phases the developer would apply for approval which the Better Living Organization would oversee. The problem with its implementation was the amount of work/time it took to prepare the application compared to the economic incentive received for obtaining approval. The direct incentive was received by the end user whereas as a building that qualified as a CHS, JHFA could provide a preferential loan programme, adding more than 1 million yen loan per unit. Thus, the incentive for the company applying was indirect and only based on the potential to sell the units quicker. In this situation, the incentive was relatively weak, due to the nature of the Japanese philosophy that the public sector shouldn’t provide a financial incentive to private development unless it benefits common/public areas of the development.
2.5 Post Occupancy Evaluations

A paper published by Wakiyama et. al. (2000) looked at how residents and managers recognized the system and how it worked for them. The study was conducted sixteen years after the initial occupancy in which approximately 70% of the 160 units responded were original users. Figure 2 shows the survey results from the original residents of the two buildings and the desire/capacity for them to change the listed attribute. The top two changes were an increase in electrical capacity and wall paper. The movable partitions proved problematic for many users with regards to: not being able to move themselves; having a limitation of where they could be moved (fixed module); and a lack of spare walls and/or storage space for unused ones. In contrast, the change of layout was minimum as most residents got to reflect their requirements as part of the process in the design.

Figure 2 Survey results from original residents (Adapted from Wakiyama et al 2000)

In another study residents were asked why they chose that particular apartment building (as opposed to a conventional solution). They were given a list of twenty characteristics to choose from and allowed to select whichever ones influenced their decision in purchasing the residence. The top three characteristics were size (87%), green surrounding environment (82%), and sunlight/good indoor air flow (73%). It is notable that ‘easy to change layout’ (23%) was eleventh out of twenty characteristics (Bansho et. al. 2002).

2.6 Dissemination & Reflections

In the end the system proved too complicated to be implemented by industry and disseminated rather poorly. As of the year 2004, the Centre for Better Living website listed only 40 projects that had been completed over a 16 year period (22 apartment buildings, 18 detached houses). It appears that the attempt to provide maximum flexibility to the rules added complications due to the lack of clarity/simplification towards what to do (i.e. sometimes things are easier if you have less freedom to interpret them). In addition, many felt five levels of separation to be too many and added to the confusion (Matsumura 2009). One of the main findings was that CHS focused primarily on the individual spaces, and not the common spaces which affected all the units. Subsequent development focused on how the common spaces could be developed better and be used to accommodate more of the changes (as access is easier and less disruptive). At that time, the social perception for such a type of dwelling was unclear; the ability to change the dwelling was not a high priority in the consumer’s mindset. Even today, the reuse of housing (change of owner) in Japan represents only 15% of the market (Minami 2010).

Regarding the continual effort in Japan, the most critical relationship - between services and the building - remained the leading cause of premature functional obsolescence as service technologies and their associated demands continue to shift at a fast pace (Matsumura 2009). The practical reaction which followed CHS by the government was to simplify the system to two levels (unchangeable ‘support’/changeable ‘infill’). The SI (support/infill) system has been successfully disseminating into industry and become recognizable by almost all in the Japanese industry. The simplification has shown there are certain elements which are subject to major change and others which can neglect it. The final leitmotif of the project was, ‘we should be careful about details’.
3 LESSONS
In this section we relate our understanding of CHS and the use of their interface map to a) DSM analysis generally and b) system design, and specifically for investigating c) buildings and d) adaptability.

3.1 DSM analysis
- Dependencies were only depicted one-way considering only the residual effect of the component(s) that were not changed (no consideration went into the damage of the removed component) – thus, an empty half of a matrix.
- Rather than simply showing the relationships (binary matrix), different conditions were indicated to show the ease of changeability between the two components (types of relationships).
- CHS considered the integration of physical components to multiple domains such as process (manufacture, installation, etc.) and functionality to provide a holistic look at the group’s changeability, but didn’t capture any of those relationships in the interface matrix (single domain map).
- Experience dictated the focus (i.e. where to look for problems) rather than allowing the matrix or an algorithm to provide ‘hidden’ dependencies to inform the ‘story’.
- Several lost opportunities by only using the matrix as a visual device (changing the type of mark in the box) as opposed to a design tool (e.g. clustering, sequencing) to inform possible changes.

3.2 System Design
- Different types and scales of components may require different integration rules.
- The ten principles of division are helpful when thinking about different ways to decompose a system.
- Rules need to evolve with changing circumstances over time (not static standards).
- There is a need for continual feedback from both the installation and use stages back to the design phase (again allowing for learning to occur).

3.3 Buildings
- When thinking about how to decompose buildings, it is helpful to consider not only the physical durability but also the social durability or desire of a component to be changed.
- The reality that every building exists within a different physical context (a degree of uniqueness) demands a set of rules which provide flexibility to allow for successful application/mutation.
- The long life expectancy of buildings and change of ownership, management and/or user creates long-term information and facilities management problems (e.g. the ability to follow-through and coordinate the intended changes).
- The large scale of buildings compared to other products is important as well. Many times the scale of the cost and time to change is not justifiable and becomes too much of a burden on the user.
- The array of stakeholders in the construction industry requires a multi-perspective approach and consideration for successful dissemination.

3.4 Adaptability
- It is important to use a level of abstraction (scale) which takes advantage of standardization while offering maximum diversity.
- When considering adaptability it is important to break systems down regarding their desired changeability (i.e. intended lifespan).
- Adaptability is not a primary motivator in people’s decision making process, and to what extent/where it is applicable becomes a crucial consideration (not simply about a capacity).
- Successful adaptability is a balance and integration of human (social) adaptability and building (physical) adaptability.
- When thinking about the lifespan of components it is helpful to provide ‘windows of change’ as opposed to specific times.
4 CONCLUSIONS
In conclusion, CHS exhibits many positive features, some of which we look to improve upon, including the use of DSM as an active design tool. One of the strongest realizations of a project which had tremendous financial and government backing is the limitation to which technical feasibility can drive wide spread dissemination when social conditions are not ready for such applications. As well as, in an industry, such as the construction industry, which relies on the active participation of numerous stakeholders simplicity and clarity are key to driving compliance falling short of making it compulsory. All of the above, play a large part in understanding to what degree flexibility of process and adaptability of product can be supported and realized.

REFERENCES

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