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PERFORMANCE-BASED PROCEDURE FOR THE DEFINITION OF CONTROLLED LOW-STRENGTH MIXTURES

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Abstract
The Controlled low-strength material (CLSM) is a self-consolidating cementitious material used as backfill in narrow trenches. The high content of aggregates and water in the CLSM leads to a special behavior that is closer to soil than to concrete. Consequently, mixture proportioning methodologies for conventional concrete do not apply to CLSM. The objective of this paper is to propose a new methodology to achieve the optimal composition that fulfills the flowability and compressive strength requirements of the material. Instead of computing the aggregate or the cement separately, all solid particles in the mixture are considered concurrently to estimate the water content in terms of water to solid ratio (W/S). This way the compressive strength can be modified without compromising the desired flowability. An example of application is presented and an experimental program is conducted to validate this philosophy. The results confirm that the methodology proposed provides compositions that satisfy the main requirements of the CLSM, thus representing a contribution towards the use of more economic and adequate materials.

Keywords: Controlled low-strength materials (CLSM), Backfill; optimal mix proportioning, flowability, water-solid ratio, particle packing.
The controlled low-strength material (CLSM) is a cementitious material [1-5] made of binder, aggregates, water and admixtures. It is used as backfill in narrow trenches instead of compacted soil, in applications with strict requirements in terms of workability and mechanical strength.

For once, it should be highly fluid to allow the filling of tight and restricted areas in which placing and compaction would be otherwise difficult [2]. Nevertheless, it should not be excessively fluid so the material may keep in place in trenches with a slope. The CLSM must also have a minimum strength to endure the loads applied over the trench, without achieving excessively high values that compromise the reexcavation for repair and maintenance of the installation. Typically, a compressive strength of less than 8.3 MPa is needed, being higher than 2.0 MPa [1, 3] in structural fills and between 0.7 and 1.4 MPa in backfill with small structural responsibility [1]. Although the achievement of such a small strength could seem trivial, the sustained accomplishment of low values within the tight range specified represents a challenge.

Limited information is available in the literature regarding mixture-proportioning methods for the definition of the CLSM based on the requirements of each application. The methods commonly used for similar materials like concrete do not apply given the particular composition and properties of CLSM. Alternatively, guidelines derived from experience or trial and error [4] are usually employed. Unfortunately, their generalization to any worksite is not feasible since the surrounding conditions and characteristics of components may differ from one place to another.

The objective of this paper is to propose a rational mixture-proportioning approach to define the optimized CLSM composition depending on the requirements found in each
worksite. For that, instead of computing the aggregate and the cement separately, all solid particles in the mixture are considered concurrently to estimate the water to solid ratio (W/S). This way the compressive strength can be modified without compromising the desired flowability. Then, an experimental program is conducted to validate this approach.

NEW MIXTURE PROPORTIONING METHODOLOGY

Fig. 1 depicts the performance-based methodology proposed for the optimal definition of CLSM mixtures, divided in steps that focus on the main requirements that the material should fulfil. The first step consists of achieving a solid system (S), constituted by aggregates (A) and a binder (B) with the highest packing density. The second step is to determine the water content needed to guarantee the desired workability. Finally, the third step consists of adjusting the binder content to obtain the adequate strength. An in depth description of each step is presented in the following sections.

Fig 1. Flowchart of the mixture proportioning of CLSM

Step 1: Packing optimization

The packing of the solid system has significant effect on the rheological and mechanical properties [6, 7] of CLSM. A higher packing tends to reduce the relative distance between particles, producing mixtures more stable in the fresh state, less prone to segregation and with higher compressive strength, thus reducing the cement consumption [6, 7]. Therefore, identifying the highest packing is essential for the next steps, in which the workability and the mechanical properties are assessed.
Since aggregates are the main components of the mixture (almost 80% of the total volume), this step aims at finding the proportion of aggregates that gives the highest packing in terms of solid concentration ($\phi$). Such parameter is calculated with Eq. 1, taking $V_T$ as the total volume and $V_S$ as the volume of solids (binders + aggregates).

$$\phi = \frac{V_S}{V_T} \tag{1}$$

The wet packing test should be performed with several proportions of aggregates until the maximum packing ($\phi_{max}$) is obtained. Notice that the optimum contents of water and binder are not known at this stage. Since they should show small influence in the $\phi_{max}$ obtained for the normal composition of CLSM, typical values are fixed in step 1.

**Step 2: Workability optimization**

The next step consists of determining the water demand to achieve the desired workability for the ideal solid system obtained in Step 1. Different authors have studied the physical roles of water in the fresh cementitious mixtures [8-12]. According to [11], the first of them is related with the absorption by the solid particles (Fig. 2a). The second role represents the minimum amount of water needed to involve and wet the surface of the solids (Fig. 2b). The third is to separate the solid grains and provide mobility (Fig. 2c), increasing the fluidity of the system.

![Fig.2. Physical roles of water in the fresh state](image)

In the CLSM, the water must fulfill these three roles for all solid components of the mixture. Nevertheless, given that the aggregate content is much bigger than that of binder, the influence of the former on the water needed and the resulting workability predominates. Hence, considering the typical composition, it makes more sense to use
the water to aggregate ratio (W/A) rather than the water to binder ratio (W/B) used in concrete mixtures.

However, if only the W/A was considered, possible variations in the binder content (Step 3) could lead to changes in the workability (Step 2), obligating new adjustments of the water content. In other words, the definition of the mixture would need an iterative procedure with successive modifications of workability and strength.

A much more direct approach is possible by employing the water to solid ratio (W/S) as a reference parameter. Theoretically, by using the W/S as a reference, changes in the amount of binder would modify the aggregate content without affecting significantly the water content. Consequently, small changes in the amount of solid components should not compromise the workability of the mixture.

The W/S should be calculated through Eq. 1, in which $V_w$ is the water volume discounting what will be absorbed by the solid particles, $V_a$ is the aggregate volume and $V_b$ is the binder volume. Alternatively, this parameter may be calculated as a function of the contents of water ($C_w$), aggregate ($C_a$) and binder ($C_b$) by weight, the total water absorption ($A$) and the humidity ($H$) of the aggregates, the densities of the water ($\gamma_w$), of the aggregate ($\gamma_a$) and of the binder ($\gamma_b$).

$$\frac{W}{S} = \frac{V_w}{V_a + V_b} = \frac{C_w + (H - A)C_a}{C_aV_b + C_bV_a} \frac{\gamma_a\gamma_b}{\gamma_w}$$  \[1\]

For small W/S values, the water available is not enough to completely involve the solid particles. Consequently, changes in the W/S below the minimum required to wet the particles ($\frac{W}{S}_{\text{min}}$) produce almost no effect in the flow extent. Once the minimum wettability limit is surpassed, any extra amount of water added will increase the distance between particles and their mobility. As a result, higher values of W/S will lead to considerable increases in the workability. This effect reaches a saturation limit above
which the addition of more water has small influence on the flow extent and may produce an unstable mixture prone to bleeding.

Several flow tests should be performed with different W/S until the optimum value that provides the required workability is found. A rough estimation of the minimum value required may be calculated through Eq. 2, obtained from [11]. Notice that \( \phi_{\text{max}} \) derived from Step 1 should be used.

\[
(W/S)_{\text{min}} = 0.90 \cdot (1 - \phi_{\text{max}})
\]  

[2]

**Step 3: Strength optimization**

Besides showing adequate flowability, the material should meet the strength requirements. The low-strength requirement of CLSM is necessary to allow the material re-excavability (based on [13], between 1.5 MPa and 2.0 MPa is suitable for most structural purposes).

In Step 3, the strength of the mixture is modified by changing the binder content until an optimum is achieved. In case of using Portland cement as binder, contents between 40 kg/m\(^3\) and 100 kg/m\(^3\) should be enough to achieve compressive strength ranging from 0.5 MPa and 2.5 MPa.

To avoid affecting the optimum workability in this process, the proportion between aggregates obtained in Step 1 and the W/S derived from Step 2 are maintained constant in all trials. This means that, by changing the binder content, the amount of other materials in the mixture is also modified. The contents by weight of aggregate (\( C_a \)) and of water (\( C_w \)) are obtained for a certain content of binder (\( C_b \)) according with Eq. 3 and
4, respectively. In these equations, the ideal W/S derived from Step 2 should be used together with the estimated volume of voids of the mixture ($V_V$).

$$C_A = \left( \frac{1-V_V}{1+W/S} - \frac{C_A}{Y_B} \right) \cdot Y_A \quad [3]$$

$$C_W = \left( \frac{C_A}{Y_A} - \frac{C_A}{Y_B} \right) \cdot W/S \quad [4]$$

**EXPERIMENTAL PROGRAM**

*Materials and mixing procedure*

All CLSM mixtures were produced with cement CEM II/A-M (V-L) 42.5R, which includes 11% of fly ash and 9% of limestone filler. The fine aggregates used were a limestone sand 0/2 (with maximum nominal size of 2 mm) and a limestone sand 0/4 (with maximum nominal size of 4 mm). Both of them have a solid particle density of 2.51 g/cm³, showing absorption coefficients of 7.2% and 5.5%, respectively. A polifuntional plasticizer (Pozzolith 475N) with a relative density of 1.20 g/cm³ was added to some of the mixtures to evaluate its influence on the workability.

The CLSM were produced in a 5 liter mixer. First, the solid components and the water were mixed for 2 minutes. Then, the plasticizer - if used - was added and mixed for 2 additional minutes. Notice that aggregates were in saturated dry surface condition prior to the mixing process. This intends to mitigate the influence of the water absorption in the results.

The description of the experimental program and the results obtained follow the same sequence of phases defined for the mixture proportioning methodology.

*Step 1: Packing optimization*
Mixture composition and test procedure

The wet packing test [6, 7, 14] was performed in Step 1 to assess $\phi_{max}$. The combinations of sand 0/2 and sand 0/4 by volume tested were 80%-20%, 65%-35%, 50%-50%, 35%-65% and 20%-80%. According with the methodology proposed here, the cement content was fixed at 40 kg/m$^3$ (equivalent to 12.9 l/m$^3$) in all mixtures. Even though the water content should also be fixed, different W/S values were used with all combinations of aggregates to demonstrate some of the hypothesis assumed. In order to assess the influence of the plasticizer, mixtures from cases 1 to 5 were also produced with 1.5% of Pozzolith 475N by weight of cement. These new compositions were designated as cases 1P to 5P. Table 1 summarizes the different compositions studied.

| Table 1. Compositions used for Steps 1 and 2. |

Results and discussions

Fig 3 presents the results of the wet packing test for different proportions of aggregates. For the present study, the proportion that gives $\phi_{max}$ includes 50% of aggregate 0/2 and 50% of aggregate 0/4. The same is observed regardless whether the W/S chosen is 0.30, 0.35 or 0.45. This confirms that the W/S may be fixed in Step 1 within the typical range used in CLSM, without significantly compromising the assessment of the proportion of aggregates that provides the maximum packing.

Fig. 3. Variation of $\phi$ with different aggregate combinations for typical W/S.

The dotted curves in Fig. 3 correspond to the mixtures with plasticizer, which show practically the same results as those of equivalent compositions without plasticizer. This suggests that the plasticizer has no influence in the optimum proportion estimated or the packing for the W/S tested.
**Step 2: Workability optimization**

*Mixture composition and test procedure*

In Step 2, the workability of mixtures with different W/S and the proportion of aggregates that yield $\phi_{\text{max}}$ in Step 1 should be assessed to derive the optimum W/S. Nonetheless, to evaluate some of the hypotheses of the method, tests were conducted with all aggregate proportions considered in Step 1. Therefore, the same mixture compositions from Table 1 were used to study the optimization of the workability, which was evaluated through the measurement of the diameter of the flow extent according with test from EN 1015-3 [15].

**Results and discussions**

According to [1], mixtures may be classified as with low (for diameters smaller than 150 mm), with normal (between 150 to 200 mm) and with high flowability (bigger than 200 mm). Fig. 4 depicts the average diameter of the flow extent for different values of W/S. The continuous and the dotted curves indicate the measurements from mixtures without and with the plasticizer, respectively.

*Fig.4. Variation of workability depending on the W/S.*

A minimum influence of the plasticizer on the consistency of the CLSM is evident in the results. The low effectiveness of the plasticizer may be attributed to the low content of cement used in CLSM and the high water/cement ratio used. In conventional concrete, the plasticizer molecules distribute around cement particles and avoid their agglomeration, increasing the plasticity of the mixture. In the case of CLSM, since low
contents of cement are used, this effect is diminished as few of the solid particles that constitute the mixture are being dispersed. Moreover, the high amount of water reduces the likelihood of cement particle interaction and agglomeration.

An S shaped curve is obtained in almost all cases. These curves present an initial stretch for low W/S in which the amount of water available is not enough to provide the mixture with plasticity. Notice that the \((W/S)_{\text{min}}\) calculated according with Eq. 3 ranges from 0.25 and 0.30 for the \(\phi_{\text{max}}\) estimated in Step 1. This agrees with the curves from Fig. 6 that show small variation of the flow extent for mixtures with W/S smaller than 0.3.

For values of W/S bigger than such limit, all curves show a pronounced increase of the workability. This indicates that the amount of water available is enough to wet the solid particles and to separate them, increasing their mobility. As the W/S approaches 0.45, the rate of increase of the flow extent decreases. This suggests that the mixture enters a saturation stage in which the increase in the water content has small influence in the mobility of the particles, increasing the risk of bleeding. An optimum W/S of 0.37 was selected based on the results from Fig. 4.

**Step 3: Optimization of the cement content**

*Mixture composition and test procedure*

In Step 3, the cement content that provides the desired compressive strength is determined by using compositions with the optimum aggregate proportion and W/S derived from Steps 1 and 2, respectively. As shown in Table 2, CLSM with cement contents ranging from 40 to 85 kg/m³ (comp. 4 to 8) were produced. For economic reasons, the aggregate system was defined as 35% of sand 0/2 and 65% of sand 0/4. Moreover, the compositions 4b and 8b were produced with 1.5% of plasticizer to
evaluate the influence of the admixture on the compressive strength. These are analogous to compositions 4 and 8.

Table 2. Mixture composition for the optimization of cement content.

Specimens with 4 cm x 4 cm x 16 cm were cast, stored in a climate-controlled room at 20 °C and a relative humidity of 50% and tested for the compressive strength in accordance with EN 196-1. The results were determined as the average of 6 measurements. Although this is not required in the mixture proportioning methodology proposed here, the wet packing test and the flow extent were performed again with all compositions from Table 2. The aim is to demonstrate that the succession of steps defined and the philosophy based on the W/S yields the optimum composition without the need for iterative adjustments of parameters. For that, it is necessary to prove that variations in the cement content in Step 3 do not affect the packing and the flow extent derived from Steps 1 and 2.

Results and discussions

Fig. 5 presents the compressive strength measured at 1, 7 and 28 days for compositions 4 to 8. The results show that the increase of the cement content produces an increase of the compressive strength. Despite that, the measurements reveal an interesting phenomenon regarding the evolution of strength with time. Interestingly, the results from the tests at 1 and 7 days are bigger than those at 28 days. Similar strength loss was reported by [30] due to the evolution of the humidity during the curing process combined with the special composition of the CLSM mixtures.

Fig. 5. Compressive strength for different cement contents.
The evolution of the compressive strength over time is a consequence of the sum of two phenomenon. On one hand, the hydration of the cement with time should increase the strength of the connection between particles. On the other hand, the water present in the form of humidity in the pores creates suction forces that act at the contact between particles, pulling them together. Such forces produce a confining pressure for unsaturated conditions similarly to the observed in certain soils, contributing to an increase of the compressive strength of the CLSM.

The CLSM may suffer a drying process with time. Part of the water is evaporated and part is consumed by the cement hydration. Although the latter contributes to increase the compressive strength, the drying process diminishes the humidity in the pores and reduces the contribution of the suction effect, reducing the compressive strength. Once the humidity of the sample is in balance with the environment, no more strength loss is expected. Considering that this balance was already reached for 28 days, a cement content of 70 kg/m³ was selected as adequate since it provides compressive strengths within the range established originally (from 1 to 2 MPa). Therefore, the ideal CLSM for the case study is represented by the composition 7 from Table 2.

To show the influence of the drying process, an additional set of specimens from composition 8 were stored at 20 °C and 98% of relative humidity, thus limiting the loss of moisture from the CLSM. Under these conditions, the compressive strengths measured at 1, 7 and 28 days were 1.9, 1.9 and 2.1 MPa, respectively. Even though the increase is minor, notice that no significant reduction occurs at 28 days. Such results confirm the influence of the drying process in the compressive strength. This should be considered when defining the curing conditions for the specimens, which should be representative of the expected in reality.
Fig. 6 depicts the results of the wet packing and flow extent test for the cement contents considered (cases 4, 6, 7, 8, 4P and 8P). Notice that, despite increasing the cement content, the values of solid concentration, void ratio and flow diameter remain approximately constant, thus validating the approach proposed here. In fact, the sequence of steps defined and the philosophy based on the definition of a W/S allows the direct assessment of the optimum composition of the CLSM. Once more, equivalent compositions with plasticizer and without plasticizer show approximately the same behavior.

Fig. 6. Comparison of wet packing and flow extent for different cement contents, with and without plasticizer.

CONCLUSIONS

A methodology for the optimal mixture proportioning of CLSM was proposed based on the main requirements of each application and without the need of interactive adjustments of the composition. This methodology represents a contribution towards the definition of the CLSM, minimizing the consumption of cement and of admixtures. Future research should be performed to enlarge the scope of application of the methodology including other types of components as recycled aggregates or mineral admixtures.

The following conclusions are derived from this study.

- The W/S should be used as a reference parameter in the definition of the CLSM composition. This provides flexibility to the procedure since the composition may be modified without compromising the optimum workability.
The definition of the W/S required must consider the roles of water in the mixture (absorption by the aggregates, wetting of the surface of the grains and increase of mobility). The results obtained with the formulation proposed to estimate the minimum W/S agrees with the experimental results. In fact, compositions with W/S below the minimum present deficient workability.

The plasticizer has no evident repercussion on the packing, the workability or the compressive strength of CLSM. This is attributed to the high amount of water and low content of cement in typical CLSM, both of which reduce the need for this type of admixture.

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References


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<td>1192</td>
<td>1148</td>
<td>1107</td>
<td>1289</td>
<td>1238</td>
<td>1192</td>
<td>1148</td>
<td>1107</td>
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<tr>
<td>Water (kg/m³)</td>
<td>200</td>
<td>231</td>
<td>259</td>
<td>286</td>
<td>310</td>
<td>200</td>
<td>231</td>
<td>259</td>
<td>286</td>
<td>310</td>
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<tr>
<td>Sand 0/2 (kg/m³)</td>
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<td>352</td>
<td>340</td>
<td>395</td>
<td>380</td>
<td>365</td>
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<td>340</td>
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<td>Sand 0/4 (kg/m³)</td>
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<tr>
<td>Water (kg/m³)</td>
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<td>231</td>
<td>259</td>
<td>286</td>
<td>310</td>
<td>200</td>
<td>231</td>
<td>259</td>
<td>286</td>
<td>310</td>
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<tr>
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Table 2. Mixture composition for the optimization of cement content.

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<th>7</th>
<th>8</th>
<th>4P</th>
<th>8P</th>
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<td>40</td>
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<td>Sand 0/2 (kg/m³)</td>
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<td>611</td>
<td>607</td>
<td>603</td>
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<td>Sand 0/4 (kg/m³)</td>
<td>1287</td>
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<td>1132</td>
<td>1124</td>
<td>1287</td>
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<tr>
<td>Water (kg/m³)</td>
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<td>286</td>
<td>286</td>
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<td>Plasticizer (%)</td>
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<td>-</td>
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<td>1.5</td>
</tr>
</tbody>
</table>
Phase 1: Packing optimization

- **PACKING TEST**
  - **Maximum PACKING**
    - fixed B
    - fixed W/S
    - various A
    - ideal A

Phase 2: Flowability optimization

- **SLUMP TEST**
  - **Adequate FLOWABILITY**
    - ideal A
    - fixed B
    - various W/S
    - ideal W/S

Phase 3: Strength optimization

- **COMPRESSIVE TEST**
  - **Adequate STRENGTH**
    - ideal A
    - ideal W/S
    - various B
    - ideal B

**FINAL MIXTURE**

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Figure

Click here to download Figure: TN_asce_TN_fig 4.pdf

a) Comp. 1 and 1P: 80-20

b) Comp. 2 and 2P: 65-35

c) Comp. 3 and 3P: 50-50

d) Comp. 4 and 4P: 35-65

e) Comp. 5 and 5P: 20-80
Figure

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