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Highly Frustrated Magnetic Clusters: The kagomé on a sphere

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We present a detailed study of the low-energy excitations of two existing finite-size realizations of the planar kagomé Heisenberg antiferromagnet on the sphere, the cuboctahedron and the icosidodecahedron. After highlighting a number of special spectral features (such as the presence of low-lying singlets below the first triplet and the existence of localized magnons) we focus on two major issues. The first concerns the nature of the excitations above the plateau phase at 1/3 of the saturation magnetization $M_s$. Our exact diagonalizations for the $s = 1/2$ icosidodecahedron reveal that the low-lying plateau states are adiabatically connected to the degenerate collinear “up-up-down” ground states of the Ising point, at the same time being well isolated from higher excitations.

A complementary physical picture emerges from the derivation of an effective quantum dimer model which reveals the central role of the topology and the intrinsic spin $s$. We also give a prediction for the low energy excitations and thermodynamic properties of the spin $s = 5/2$ icosidodecahedron $\text{Mo}_72\text{Fe}_{30}$. In the second part we focus on the low-energy spectra of the $s > 1/2$ Heisenberg model in view of interpreting the broad inelastic neutron scattering response reported for $\text{Mo}_72\text{Fe}_{30}$. To this end we demonstrate the simultaneous presence of several broadened low-energy “towers of states” or “rotational bands” which arise from the large discrete spatial degeneracy of the classical ground states, a generic feature of highly frustrated clusters. This semiclassical interpretation is further corroborated by their striking symmetry pattern which is shown, by an independent group theoretical analysis, to be a characteristic fingerprint of the classical coplanar ground states.

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I. INTRODUCTION

The field of highly frustrated magnetism has received a growing theoretical and experimental interest in recent years. One of the central motifs in the planar kagomé and similarly frustrated Heisenberg antiferromagnets (AFM’s) which readily differentiate them from unfrustrated (e.g. collinear) ones, is the proliferation of an extensive family of low-energy singlets below the lowest triplet excitation. One interpretation for the origin of these singlets has emerged from Resonating Valence Bond (RVB) type of arguments for the $s = 1/2$ kagomé AFM. For higher spins, purely classical considerations assert that the singlets stem from the splitting by quantum fluctuations of the extensively degenerate family of Néel ordered (3-sublattice) ground states. Both interpretations rest on the notion of a local degeneracy which stems from the frustrated corner-sharing topology of these lattices. In this regard, it appears that the proliferation of singlets is only one particular manifestation of this local degeneracy since similarly dense low-energy excitations are manifested in the whole magnetization range.

On the other hand, some understanding for the ground state itself has been established. Exact Diagonalization (ED) results suggest that the ground state of the $s = 1/2$ kagomé AFM is a disordered spin liquid with a very small spin gap, if any. For $s > 1/2$, semi-classical approaches predict that an extensive subset of coplanar states is first selected in $1/s$ while the $\sqrt{3} \times \sqrt{3}$ ordered state is stabilized in higher orders through the order-by-disorder mechanism. In a magnetic field, the ground state may exhibit a number of interesting phases. These include the presence of an extensively degenerate family of localized magnons which result in macroscopic magnetization jumps at the saturation field, as well as the stabilization of spin gaps and the associated fractional magnetization plateaux. For a first understanding of the nature of these plateaux a perturbative expansion around the degenerate Ising point was first employed by Cabra et al. for the kagomé. This approach was recently extended by Bergman et al. to other frustrated systems, such as the pyrochlore AFM. Here, the anisotropy terms are treated perturbatively, and the emerging splitting of the degenerate Ising manifold is effectively cast into a Quantum Dimer Model (QDM) on the dual lattice.

At the same time, it is well known that some precursors of the excitation spectra of frustrated and unfrustrated AFM’s are already embodied in the spectra of small system sizes (see for instance Ref. [12]). It has come therefore with no surprise that a number of phenomena that are manifest in kagomé-like AFM’s have also emerged in the research field of highly frustrated nanomagnets. These are realizations of zero-dimensional molecular-size magnets which consist of a finite number of strongly interacting transition metal ions, with the isotropic Heisenberg exchange being the dominant energy term. Thus, in addition to their great relevance in the context of nanomagnetism and the growing interest for potential applications in quantum computing, information storage and magnetic imaging.
molecular nanomagnets can also provide a suitable platform for addressing theoretical questions and testing ideas from the more general context of frustrated magnetism.

In this work, we focus on two magnetic molecule realizations of the Heisenberg kagomé AFM on the sphere. The first consists of 8 corner-sharing triangles and is realized in the Cu$_{12}$La$_{43}^{23}$ cluster with 12 Cu$^{2+}$ ions occupying the vertices of a symmetric cuboctahedron (cf. Fig. 1). The spin topology of this cluster is identical to the 12-site kagomé wrapped on a torus (cf. Fig. 1). The second cluster is one of the largest frustrated molecules synthesized to date, namely the giant Keplerate Mo$_{72}$Fe$_{30}$ system$^{24}$. This features an array of thirty $s = 5/2$ Fe$^{3+}$ ions occupying the vertices of twenty corner-sharing triangles spanning an almost perfect icosidodecahedron (cf. Fig. 1). Interestingly, its quantum $s = 1/2$ analogue, Mo$_7$V$_{30}$, consisting of V$^{4+}$ ions has also been synthesized quite recently$^{25,26}$. We may note here that the cuboctahedron and the icosidodecahedron can be thought of as two existing positive curvature (with $n = 4$ and 5 respectively) counterparts of Elser and Zeng$^{27}$'s generalization of the kagomé structure on the hyperbolic plane where each hexagon is replaced by a polygon of $n$ sides with $n > 6$.

Among the above highly frustrated clusters, Mo$_{72}$Fe$_{30}$ has been the most investigated so far, both theoretically and experimentally. The exchange interactions in Mo$_{72}$Fe$_{30}$ are quite small, $J/k_B \simeq 1.57$ K$^{28}$, and this has allowed for the experimental observation of a $M = M_s/3$ plateau at $H \simeq 5.9$ Tesla which has been explained classically by Schröder et al.$^{27}$. In addition, this cluster manifests a very broad Inelastic Neutron Scattering (INS) response as shown by Garlea et al.$^{28}$. On the other hand, Mo$_7$V$_{30}$ has a much stronger AFM exchange $J/k_B \simeq 250$ K$^{25,26}$, and thus is not well suited for the observation of the field-induced plateau. However, its low-energy excitation spectrum can still be investigated by INS experiments (which, to our knowledge, have not been performed so far). As to the $s = 1/2$ cuboctahedron Cu$_{12}$La$_{43}^{23}$, we are not aware of any magnetic measurements reported so far on this cluster.

The main magnetic properties of the present clusters can be explained very well by the isotropic Heisenberg model with a single AFM exchange parameter $J$, i.e.

$$\mathcal{H} = J \sum_{\langle ij \rangle} \mathbf{s}_i \cdot \mathbf{s}_j,$$

where, as usual, $\langle ij \rangle$ denotes pairs of mutually interacting spins $s$ at sites $i$ and $j$. Other terms such as single-ion anisotropy (for $s > 1/2$) or Dzyaloshinsky-Moriya interactions must be present as well in the present clusters, but they are expected to be much smaller than the exchange interactions and thus can be neglected. Here, as a simple theoretical tool to understand some of the properties of the Heisenberg model, it will be very expedient to introduce some fictitious exchange anisotropy, i.e. extend Eq. (1) to its more general XXZ variant

$$\mathcal{H}' = \mathcal{H}_z + \mathcal{H}_{xy},$$

$$\mathcal{H}_z = J_z \sum_{\langle ij \rangle} s_i^z s_j^z,$$

$$\mathcal{H}_{xy} = \frac{J_{xy}}{2} \sum_{\langle ij \rangle} (s_i^+ s_j^- + s_i^- s_j^+),$$

where $J_{xy}$, $J_z$ denote the transverse and longitudinal exchange parameters respectively. In what follows we denote $\alpha = J_{xy}/J_z$.

The main results presented in this article are of direct relevance to the experimental findings in Mo$_{72}$Fe$_{30}$ mentioned above and thus span two major themes. The first deals with the nature of the low-lying excitations above the $M = M_s/3$ plateau phase. For the $s = 1/2$ icosidodecahedron we show that all these excitations are adiabatically connected to collinear “up-up-down” (henceforth “uud”) Ising ground states (GS’s), at the same time being well isolated from higher levels by a relatively large energy gap. We argue that this feature must be special to the topology of the icosidodecahedron and that it must survive for $s = 5/2$ as well. This prediction can be verified experimentally by a measurement of the low-temperature specific heat and the associated entropy content at the plateau phase of Mo$_{72}$Fe$_{30}$. A complementary physical picture will emerge by performing a high order perturbative expansion in $\alpha$, in the spirit of Refs. $^{6,10,11}$ and by deriving and solving to lowest order the corresponding effective QDM on the dual clusters. The dependence of the model parameters on $\alpha$ and $s$ is also found and given explicitly.

Our second theme concerns the origin of the broad INS response reported for Mo$_{72}$Fe$_{30}$. Previous theories based on the excitations of the rotational band model$^{28,29}$ or on spin wave calculations$^{30,31}$ predict a small number of discrete excitation lines at low temperatures and thus cannot explain the broad INS features. Our interpretation of this behavior is based on the notion of the simultaneous presence of several rotational bands or towers of states at low energies which originate from the large degree of classical degeneracy, a generic feature of highly
frustrated systems. Indeed, our exact diagonalizations demonstrate the existence of an unusually high density of low-energy excitations manifesting in the full magnetization range. A detailed group theory analysis reveals that the low-energy spectra are of semiclassical origin up to a relatively large energy cutoff. We will also show that the symmetry of the corresponding excitations for \( s = 1/2 \) does not conform with this semiclassical picture.

A quite appealing feature of these molecular clusters is their high point group symmetry, namely the full Octahedral group \( O_h = O \times i \) (with 48 elements) and the full Icosahedral group \( I_h = I \times i \) (with 120 elements) for the cuboctahedron and the icosidodecahedron respectively (here \( i \) denotes the inversion). This allows for a drastic reduction of the dimensionality of the problem. In order to fully exploit all symmetry operations we have employed a generalization\(^\text{32}\) of the standard ED technique\(^\text{33}\) so as to treat higher than one-dimensional Irreducible Representations (IR's) also. With this approach, one is able to classify the energy levels according to both \( S_z \) and the IR of the point group while resolving their full degeneracy.

The remainder of the article is organized as follows. In Sec. IV we discuss some of the spectral features of the present kagomé-like nanomagnets (with particular emphasis on localized magnons) and contrast them to typical spectra of unfrustrated AFM's. This is illustrated by comparing with a simple 12-site bipartite \( s = 1/2 \) cluster. The investigation of the nature of the \( M = M_s/3 \) plateau is presented in Sec. III. This includes both analytical and numerical results from high order degenerate perturbation theory around the Ising limit, the construction of the associated effective QDM's and their extrapolation to the Heisenberg limit. We also discuss the case of higher \( s \) and the connection to the plateau phase of \( \text{Mo}_7\text{Fe}_{30} \). In Sec. IV we demonstrate the presence of several low-energy rotational bands in \( s > 1/2 \) Heisenberg spectra and reveal their semiclassical origin. The analysis is based on a careful comparison to the symmetry properties of the semiclassical states and follows the basic lines of the seminal works of Bernu \textit{et al.}\(^\text{34,35}\) and Lecheminant \textit{et al.}\(^\text{36,37}\) on this subject in the context of the triangular and kagomé AFM. Predictions for the corresponding tower of states are also given for the \( s > 1/2 \) icosidodecahedron. Our core idea of the presence of several rotational bands due to the large spatial degeneracy of the classical states is also exemplified in Sec. IVB by a discussion of the much simpler case of the \( s > 1/2 \) XY model. We leave Sec. V for an overview of the major findings of this work. In order for the manuscript to be self-contained, we include two appendices. In Appendix A we summarize the main aspects of the degenerate perturbation expansion around the Ising limit, while in Appendix B we give the details of the derivation of the full symmetry properties of the semiclassical towers of states for the Heisenberg and the XY model.

A special remark is in order here regarding our choice of presentation of the spectra. Since we are interested in the low-energy excitations in the whole magnetization range (these are the most accessible and thus most relevant as one ramps up an external field at low temperatures) and in order to best illustrate the central features, we have chosen to (except for Fig. III) shift the lowest energy \( E_0(S_z) \) (or \( E_0(S) \)) of each \( S_z \) (S) sector to zero. This guarantees a fine resolution of the low-energy spectra in the whole magnetization range.

### II. UNFRUSTRATED VS. KAGOMÉ-LIKE AFM'S : GENERAL SPECTRAL FEATURES (S=1/2)

Our main purpose in this section is to present the low-energy spectra of the \( s = 1/2 \) Heisenberg cuboctahedron and icosidodecahedron and to highlight their main features which are common in all frustrated AFM's. For comparison, it is expedient to also present the energy spectrum of a bipartite unfrustrated magnet. To this end, we have chosen the hypothetical 12-site cluster depicted in Fig. 2. The symmetry of this cluster is the dihedral group \( D_{6h} = D_6 \times i \) which consists of 24 elements. Figure 3 shows the low-energy Heisenberg spectrum as a function of \( S(S+1) \), classified according to the 12 different IR's of \( D_{6h} \) (cf. Ref. 37) shown in the legend. The spectrum is typical of unfrustrated AFM's\(^\text{13,15}\) of finite size \( N \). For instance, we may associate the lowest energy band indicated by the dotted line in Fig. 3 with the so-called Anderson tower of states\(^\text{12}\), which is the finite-size manifestation of the SU(2) symmetry breaking process occurring in the thermodynamic limit. As can be seen in Fig. 3 this tower consists entirely of the two one-dimensional representations \( A_1g \) and \( B_2g \) of \( D_{6h} \), which alternate between even and odd \( S \) respectively. The physics behind this symmetry structure is intimately related to the symmetry properties of the semiclassical two-sublattice Néel state. For instance, the combinations \( A_1g \pm B_2g \) transform into each other in exactly the same way as the two spatial counterparts of the Néel state. Above the lowest tower of states of Fig. 3 there exists a finite excitation gap followed by a quasi continuum of higher excitations. All these features are typical of unfrustrated AFM's.

In contrast, frustrated AFM's show very different low-energy features as exemplified by the \( s = 1/2 \) spectra...
shown in the two lower panels of Fig. 4 for the two molecular magnets of the present study. For comparison, the upper panel shows the low-energy portion of Fig. 3 in terms of \( S_z \). The contrast between the two types of spectra is more than evident (note that both of the upper two panels correspond to 12-site clusters and are shown in the same energy scale). The most striking feature emerging in frustrated AFM’s is the absence of a clear energy scale separating a lowest band from higher lying excitations. Instead, a large “bulk” of low-energy excitations is manifested in the whole range of \( S_z \) forming a quasi-continuum. This is a central feature that holds also for higher \( s \) (cf. Sec. IV) and stems from the highly frustrated exchange interactions in these clusters. The nature of these excitations for \( s = 1/2 \) is not completely understood but, as we are going to show in Sec. IV, a qualitative understanding can be obtained for \( s > 1/2 \) based on the large classical degeneracy of spin configurations which remains dominant in the semiclassical regime. In particular, the broad INS response reported in Ref. 28 for \( \text{Mo}_72\text{Fe}_{30} \) is naturally accounted for by the results of this analysis.

Let us now describe shortly some special spectral features and their origin. The ground state energies \( E_0(S_z) \) for the two nanomagnets for \( s = 1/2 \) are given in Table I. These energies determine the zero-temperature magnetization processes shown in Fig. 3. For the excitations above the ground state, three regimes of special interest can be highlighted (see shaded areas in Fig. 4): (i) the singlet excitations below the lowest triplet, which are given in Table II and amount to 7 for the cuboctahedron and 80 for the icosidodecahedron, (ii) the existence of degenerate localized magnons below saturation and (iii) the presence of a number of well isolated low-lying states right above the \( M = M_s/3 (S_z = 5) \) plateau phase of the

FIG. 3: (Color online) Low-energy spectrum of the 12-site bipartite AFM shown in Fig. 2 as a function of \( S(S + 1) \) and classified according to IR’s of the \( \text{D}_{6h} \) group. The dotted line denotes the Anderson tower of states which embodies the finite-size features of the spatial and \( \text{SU}(2) \) broken Néel state in the thermodynamic limit.

FIG. 4: (Color online) Low-energy spectra (shifted as described in the text) of the \( s = 1/2 \) Heisenberg model on the 12-site unfrustrated magnet shown in Fig. 2 (top), on the cuboctahedron (middle) and the icosidodecahedron (bottom). Three special features are highlighted by the corresponding shaded areas in the two lower panels: (i) the low-lying singlets below the first triplet in the \( S_z = 0 \) sectors, (ii) the existence of localized magnons highlighted in the sectors below saturation, and (iii) the lowest 36 Ising-like configurations (cf. Sec. III B 2) above the plateau \( S_z = 5 \) sector of the icosidodecahedron case (lowest panel). The large energy gap between these configurations and higher excitations is indicated by the arrow.
TABLE I: Lowest energies $E_0(S_z)$ of each $S_z$ sector and the corresponding degeneracies for the $s = 1/2$ cuboctahedron (a) and icosidodecahedron (b).

(a) $s = 1/2$ cuboctahedron

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<th>deg.</th>
<th>$S_z$</th>
<th>$E_0(S_z)[J]$</th>
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(b) $s = 1/2$ icosidodecahedron

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<th>deg.</th>
<th>$S_z$</th>
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<td>4</td>
<td>15</td>
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TABLE II: (a) Energies of the seven lowest singlets of the $s = 1/2$ Heisenberg cuboctahedron lying below the first triplet $E = -5.06220865J$ ($T2u$) state, together with their $O_h$ symmetry classification and their degeneracy. (b) Energies of the 80 lowest singlets of the $s = 1/2$ Heisenberg icosidodecahedron lying below the first triplet $E = -13.01640033J$ ($Ag$), together with their $I_h$ classification.

(a) $s = 1/2$ cuboctahedron

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(b) $s = 1/2$ icosidodecahedron

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$S = 1/2$ icosidodecahedron. The latter will be analyzed in detail in Sec. III.

The concept of localized magnons has been largely discussed in the context of highly frustrated bulk AFM's. For the present clusters it has been discussed by Schnack et al. The saturation magnetization and field values are given by $M_s = N_s s (g \mu_B)$ (where $N_s$ is the number of sites) and $H_s = 6sJ/(g \mu_B)$.

FIG. 5: (Color online) Zero-temperature magnetization curves for the Heisenberg cuboctahedron ($s = 1/2$, $3/2$, $5/2$) and the $s = 1/2$ icosidodecahedron (see also Refs. 13,18). The saturation magnetization and field values are given by $M_s = N_s s (g \mu_B)$ (where $N_s$ is the number of sites) and $H_s = 6sJ/(g \mu_B)$.
The existence of localized, non-interacting magnon states results in a magnetization jump of $\Delta S_z > 1$, since the lowest energies at the corresponding $S_z$ sectors scale linearly with the number of magnons, and thus cross each other at the same (saturation) field. We remark here that all features related to the existence of localized magnons (symmetry decomposition, degeneracy, and the magnetization jump in absolute units) do not depend on the value of $s$ (see e.g. Fig. 11) below. Finally, the fact that the number of independent magnons is larger in the icosidodecahedron than the cuboctahedron case is clearly related to their size. In extended frustrated AFM’s, this number grows exponentially with system size but depends in a non-trivial way on the topology of the system and is connected to the question of linear independence\cite{ref19,ref20}. The extensive degeneracy gives rise to a macroscopic magnetization jump at the saturation field and a large magnetocaloric effect (see e.g. Ref. \textit{[11]}). A study of the latter on the present clusters can be found in Ref. \textit{[19]}.

III. $M = M_s/3$ PLATEAU PHASE

In this section, we focus on the nature of the excitations above the $M = M_s/3$ plateau. There are two major reasons for paying special attention to this particular plateau among the remaining ones which are present anyway in our finite-size clusters (cf. Fig. 3). The first is of practical interest and is related to the experimental manifestation\cite{ref17} of this particular phase in the $s = 5/2$ Mo$_{72}$Fe$_{30}$ cluster. Besides, as shown in the upper panel of Fig. 5, the $M = M_s/3$ plateau seems to be the most stable and survives at finite $s > 1/2$ (the staircase $s = 1/2$ magnetization process eventually turns into the expected (classical) linear behavior\cite{ref17} for very large $s$). The second reason is that the $M = M_s/3$ plateau phase is a generic feature of frustration and is known to survive in the thermodynamic limit for some bulk AFM’s (cf. Ref. \textit{[2]}).

In Sec. III A we present and analyze a striking feature of the excitations above the plateau phase of the $s = 1/2$ icosidodecahedron and show how it can be observed experimentally in thermodynamic measurements. In Sec. III B we present our derivation of an effective Quantum Dimer Model for the plateau and reveal the major role of the topology and the spin $s$.

A. Thermodynamics

Our Exact Diagonalizations for the $s = 1/2$ icosidodecahedron shown in the lowest panel of Fig. 4 reveal a striking feature at the $M = M_s/3$ sector: The low-lying excitation spectrum immediately above the plateau consists of a group of 36 states (their energies are given in Table \textit{[III]} which are well isolated from higher excitations by a gap of order $0.2J$, an order of magnitude larger than the excitations ($\sim 0.01J$) within this manifold. We ar-
TABLE III: Energies (in units of $J$) of the 36 lowest $S_z = 5$ states of the $s = 1/2$ Heisenberg icosidodecahedron together with their $l_h$ classification. The lowest excitation above this manifold lies at $E = -10.04843786$ (Hg).

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FIG. 7: (Color online) Temperature dependence of the magnetic entropy $S_m$ and specific heat $C_m$ (in units of Boltzmann’s constant $k_B$) content of the lowest 36 plateau states of $s = 1/2$ Heisenberg icosidodecahedron. Here the magnetic field corresponds to the center of the $M = M_s/3$ plateau. The entropy starts off from the value $\ln 5 \approx 1.6094$ corresponding to the lowest 5-fold degenerate Hu state. The dashed line denotes the entropy value of $\ln 36 \approx 3.5835$ corresponding to the full 36-fold low-energy subspace.

FIG. 8: (Color online) A local view of one of the “uud” Ising configurations (with two spins pointing up and one down in each triangle) and the mapping between vertices of the cuboctahedron (solid line in (a)) and edges of its dual cluster, the cube (dashed lines). In (a), all spins point up except the ones at vertices 1 and 3 (designated by the black dots) which point down. By mapping each down spin in (a) to a dimer on the corresponding edge of the cube we obtain the dimer plaqette in (b). As discussed in Sec. III B 3 such square loops with alternating up-down spins have the minimum even length and thus govern the lowest order kinetic processes driven by $H_{xy}$. In (a), these read $t s^+_1 s^+_2 s^-_3 s^-_4$ with $t \propto \alpha^4$ and map to the dimer plaquette flip of Eq. (11). The lowest order diagonal processes are also confined on these square loops and scale as $v \propto \alpha^4$.

Unfortunately the plateau regime of Mo$_{72}$V$_{30}$ cannot be reached experimentally due to the large exchange value of $J/k_B \approx 250$ K. We shall argue below, based on the results of our effective QDM, that a similar structure must exist above the $M = M_s/3$ plateau of the $s = 5/2$ Mo$_{72}$Fe$_{30}$ cluster. In particular, we shall argue that (i) the lowest 36 states are split into two almost degenerate levels of 30 and 6 states respectively with the former being lowest in energy, and (ii) that a sizable gap between these 36 states and higher excitations must probably survive as well. The corresponding specific heat peak can be verified by thermodynamic measurements on the Mo$_{72}$Fe$_{30}$ cluster at the plateau regime of $H \approx 5.9$ Tesla. Despite the very small exchange value ($J \approx 1.57$ K) of Mo$_{72}$Fe$_{30}$ (one presumably needs to reach ultra low temperatures, $T \lesssim 200$ mK) one may still confirm our picture by an assessment of the missing entropy.

The magnetic specific heat and entropy content of the lowest 5-fold degenerate Hu state. The dashed line thus govern the lowest order kinetic processes driven by $H_{xy}$. Hence, the temperature content of the lowest $S_z = 5$ states is already saturated to its full value of $\ln 36 \approx 3.5835$ (dashed line) which amount to a sizable fraction of about 17% of the full $30 \times \ln 2 \approx 20.7944$ magnetic entropy of the cluster. The fine details of Fig. 7 can be associated to the actual splitting between the 36 states. For instance, the double-peak form of the specific heat stems from the small separation of the first 19 from the remaining 17 states (cf. Table III and lowest panel of Fig. 4). Note also that the entropy starts off from the value $\ln 5 \approx 1.6094$ corresponding to the lowest 5-fold degenerate Hu state (cf. Table III).

The magnetic entropy $S_m$ and specific heat $C_m$ of the 36 lowest excitations of the adjacent $S_z = 4$ and $S_z = 6$ sectors lie approximately $0.2J$ above the ground manifold (higher $S_z = 5$ states lie $\sim 0.25J$ above). Hence, the temperature behavior shown in Fig. 7 must be valid at $k_B T \lesssim 0.1J$. In this temperature regime, the entropy content of the
FIG. 9: (Color online) A local view of one of the “uud” Ising configurations (with two spins pointing up and one down in each triangle) and the mapping between vertices of the icosidodecahedron (solid line in (a)) and edges of its dual cluster, the dodecahedron (dashed lines). In (a), all spins point up except the ones at vertices 2, 4, 6 and 8 which point down. By mapping each down spin in (a) to a dimer on the corresponding edge of the dodecahedron one obtains the dimer plaquette flips of Eq. (16). On the other hand, the lowest order diagonal processes are confined in a single pentagon and scale as $v \propto \alpha^2$.

B. Effective QDM

In what follows we present a complementary picture for the nature of the excitations above the plateau phase. This picture reveals the central role of the topology and the intrinsic spin $s$ and will emerge from the derivation of an effective quantum dimer model (QDM) in the spirit of Refs. [10,11]. The main idea is to start from the degenerate $M/M_s = 1/3$ ground state configurations of the Ising limit and establish an adiabatic connection to the low-lying excitations of the Heisenberg point by employing a perturbative expansion in the anisotropy parameter $\alpha = J_{xy}/J_z$. The resulting effective Hamiltonian can be cast into the form of a QDM on the dual clusters as exemplified in Figs. 8 and 9 for the cuboctahedron and the icosidodecahedron respectively. For a general spin $s$, the $M = M_s/3$ ground state manifold of the Ising Hamiltonian $H_s$ spans all configurations with two spins having $m = s$ and one with $m = -s$ in each triangle. Each one of these “uud” states on the cuboctahedron and the icosidodecahedron is in one-to-one correspondence to a closed-packed dimer covering on their dual clusters, the cube and the dodecahedron respectively.

1. Cuboctahedron

We start with the “uud” GS’s of the Ising cuboctahedron. There are nine such states since this is the number of different dimer coverings on the cube. This manifold, henceforth $P_{\text{uud}}$, decomposes into two invariant (under $O_h$) “uud” families $P_{\text{uud}}^{(6)}$ and $P_{\text{uud}}^{(3)}$ with 6 and 3 states respectively:

$$P_{\text{uud}} = P_{\text{uud}}^{(6)} \oplus P_{\text{uud}}^{(3)} \, ,$$

where

$$P_{\text{uud}}^{(6)} = A1g \oplus Eg \oplus T2u, \quad P_{\text{uud}}^{(3)} = A1g \oplus Eg \, .$$

Each of the two families contains states with a fixed number $n_c$ (2 and 4 respectively) of square plaquettes of the type of Fig. 11c (this number remains invariant under the operations $O_h$ of the cluster).

The 9 “uud” states are highlighted in Fig. 10 which shows our symmetry-resolved ED results for $s = 1/2$, 3/2, and 5/2 (at their $M = M_s/3$ sector) as a function of the anisotropy parameter $\alpha$. The energies are given in units of $J_z/\alpha^2$ and $J_z/\alpha^4$ for $s = 1/2$ and $s = 3/2, 5/2$ respectively, which are the leading orders of the energy splitting due to $H_{xy}$ (see below). Figure 10 shows that the Heisenberg states which are adiabatically connected to the lowest Ising manifold are not the lowest excitations for $s = 1/2$ while this is clearly the case for higher spins and, as we show below, for the $s = 1/2$ icosidodecahedron as well.

We shall try now to understand some of the features of Fig. 11 in more detail by considering the lowest order effect of $H_{xy}$ in splitting the Ising nine-fold degenerate manifold, as a function of spin $s$ and $\alpha$. We follow the general guidelines and considerations of the Appendix. We distinguish between diagonal and off-diagonal processes depending on whether the initial state is finally recovered or not. The former come from the smallest closed paths on the molecule (beyond triangles), which in the present case are the square loops (see left panel of Fig. 11 and the corresponding amplitudes scale with the fourth power of $\alpha$ for all $s$. Now, there are only three possible configurations on a square which respect the “uud” constraint and these are depicted in Fig. 11(a), (b) and (c). Each one carries a certain diagonal energy, say $\epsilon_a$, $\epsilon_b$, and $\epsilon_c$. We have calculated these energies as a function of $s$ using Eq. (A2) and by enumerating all relevant processes. The results are

$$\epsilon_a(s) = 0 \, ,$$

$$\epsilon_b(s) = \frac{s^3}{2(4s - 1)^2} J_z\alpha^4 \, ,$$

$$\epsilon_c(s) = -\frac{s^4}{(4s - 1)^2(2s - 1)} J_z\alpha^4 \, .$$

The Kronecker symbol $\delta_{s,1/2}$ appears in $\epsilon_c(s)$ because some of the diagonal processes relevant for $s > 1/2$ are not present for $s = 1/2$ since they involve intermediate states which do not belong to the Ising manifold. Now, to any given Ising configuration $i$ there corresponds an associated potential energy equal to $E_i = n_a^i\epsilon_a + n_b^i\epsilon_b + n_c^i\epsilon_c$, where $n_a^i$, $n_b^i$, $n_c^i$ are the number of squares in the states $a$, $b$ and $c$, respectively in $i$. On the other hand, we must satisfy two global conditions, one for the total number of squares $N_s = 6 = n_a^i + n_b^i + n_c^i$, and another for the total number of down spins $N_d = 4 = n_b^i/2 + n_c^i$. This leaves us with one independent, non-global variable, say $n_c^i$, in terms of which one can express $E_i$. Omitting
a global energy term \(8\epsilon_b - 2\epsilon_a\), we find \(E^i = v(s, \alpha)n^i_c\) with

\[ v(s, \alpha) = \epsilon_a - 2\epsilon_b + \epsilon_c = \frac{s^3(2s\delta_{s,1/2} - 1)}{(4s - 1)^2(2s - 1)}J_z\alpha^4, \]

which is positive for \(s = 1/2\) and negative otherwise. The corresponding (lowest order) effective diagonal Hamiltonian reads

\[ \mathcal{V}^{(4)}_{\text{eff}} = v(s, \alpha) \sum \langle \begin{array}{c} \begin{array}{c} \end{array} \end{array}, \begin{array}{c} \begin{array}{c} \end{array} \end{array}\rangle, \]

where the sum runs over all six square plaquettes (with both orientations) of the cluster. We may easily check that among all nine possible dimer coverings of the cube, three of them have \(n_c = 4\) and thus \(\mathcal{V}^{(4)}_{\text{eff}} = 4v(s, \alpha)\), while the remaining six have \(n_c = 2\) and thus \(\mathcal{V}^{(4)}_{\text{eff}} = 2v(s, \alpha)\). These correspond to the two families of “uud” states mentioned above, see Eq. (5). Hence, the eigenvalues of \(\mathcal{V}^{(4)}_{\text{eff}}\) form a pair of a 6-fold and a 3-fold degenerate levels with an energy splitting of \(2v(s, \alpha)\) between them. In particular, this splitting amounts to \(47\alpha^4 J_z\) for \(s = 3/2\) and \(12\alpha^4 J_z\) for \(s = 5/2\).

We now consider off-diagonal processes. To lowest order in \(\alpha\), these are confined to the maximally flippable even-length loops of the cluster. These loops are the alternating spin up-down configurations already shown in Fig. 8. The corresponding flipping amplitude \(t\) scales as \(\alpha^4s\). Their explicit values for several \(s\) are provided in Table VII (with \(L = 4\) of Appendix A). Thus the leading kinetic effect is described in the dimer representation by the term

\[ \mathcal{T}^{(4s)}_{\text{eff}} = t(s, \alpha) \sum \left( \begin{array}{c} \begin{array}{c} \end{array} \end{array}, \begin{array}{c} \begin{array}{c} \end{array} \end{array}\right) + \text{h.c.} , \]

where \(t(s, \alpha)\) can be calculated explicitly using Eq. (A2) and enumerating all different processes. Several representative values are provided in Table VII. The eigenvalues of \(\mathcal{T}^{(4s)}_{\text{eff}}\) in units of \(t\) are:

\(-2\sqrt{2}, -\sqrt{2}, -\sqrt{2}, 0, 0, 0, \sqrt{2}, \sqrt{2}, 2\sqrt{2}\). These correspond to a complete splitting of the different IR’s of each of the two families of Eq. (5).

According to the above, our effective quantum dimer model should generally include both kinetic and potential terms. To leading order, this model reads

\[ \mathcal{H}_{\text{eff}} = \mathcal{V}^{(4)}_{\text{eff}} + \mathcal{T}^{(4s)}_{\text{eff}} , \]
For $s = 1/2$ we have $t = -J_z \alpha^2$, $v = J_z \alpha^4/8$ and the dynamics is mainly governed by kinetic processes which split completely (cf. Fig. 11(a)) the nine “uud” states. For $s = 1$ we have $t = -J_z \alpha^4$, $v = -J_z \alpha^4/9$ and thus both diagonal and off-diagonal processes are equally important. For $s > 1$ the diagonal processes dominate and give rise to a splitting of $2v(s, \alpha)$ between $P_{\text{uud}}^{(6)}$ and $P_{\text{uud}}^{(3)}$ of Eq. (5). In particular, since $v < 0$, the states of $P_{\text{uud}}^{(3)}$ will be favored because they have a larger number (four) of the plaquettes of Fig. 7(c). All these features are nicely demonstrated in Fig. 10 where we compare our ED results for the XXZ model at small $\alpha$ with the leading order eigenvalues of Eq. (11) which are shown as (red) filled squares.

2. Icosidodecahedron

We turn now to the corresponding plateau phase of the Heisenberg icosidodecahedron and follow a similar analysis as above. Here the lowest Ising manifold, henceforth $R_{\text{uud}}$, consists of 36 “uud” states which are in one-to-one correspondence with the 36 dimer coverings of the dodecahedron. We find that this manifold decomposes into two invariant (under $I_h$) families $R_{\text{uud}}^{(30)}$ and $R_{\text{uud}}^{(6)}$ of 30 and 6 states respectively as

$$R_{\text{uud}} = R_{\text{uud}}^{(30)} \oplus R_{\text{uud}}^{(6)} ,$$

where

$$R_{\text{uud}}^{(30)} = A_g \oplus A_u \oplus F_g \oplus F_u \oplus 2H_g \oplus 2H_u ,
R_{\text{uud}}^{(6)} = A_g \oplus H_g .$$

Each of these families contains states with a fixed number of pentagons (8 and 10 respectively) of pentagonal plaquettes of the type shown in Fig. 12(c) (this number remains invariant under the symmetry operations $I_h$ of the cluster). We should note in particular that each of the 6 states of $R_{\text{uud}}^{(6)}$ contain two pentagons with all spins pointing up (i.e. have $n_a = 2$, cf. Fig. 12(a)).

A simple inspection of Fig. 12(a), which shows the $s = 1/2$ lowest energy spectrum of the XXZ model, reveals that the lowest 36 Heisenberg states trace back to the ground state “uud” manifold of the Ising point. A striking difference to the $s = 1/2$ cuboctahedron case studied above is that as these lowest Ising states “evolve” toward their low-lying Heisenberg counterparts, they remain always well separated from the higher energy states in the $S_z = 5$ subspace. We now give a complementary picture, which is valid at least for small $\alpha$, by considering the lowest order processes driven by $H_{xy}$ and by deriving the corresponding effective QDM on the dodecahedron. We begin with the lowest order off-diagonal processes. As above, these stem from maximally flippable loop configurations of the smallest possible even length $L$. Such a loop configuration that respects the local “uud” constraint is the octagonal loop with alternating up-down spins depicted in Fig. 13(a) which in turn maps to the flippable plaquette of the dodecahedron shown in Fig. 13(b). For spin $s = 1/2$ then, the lowest off-diagonal term in $H_{\text{eff}}$ is of fourth order in $H_{xy}$. Each “up-down” loop of the type shown in Fig. 13(a) is amenable to a kinetic process of the form $t \sum s_a s_{a+1} \cdots s_{a+2}$. From our calculations, shown in Table VII, we obtain $t = -2.5J_z \alpha^4$. In fifth order, we find two types of kinetic processes. The first is similar to the above but now involves loops of length 10 such as the equators of the molecule. The second type is less obvious, and invokes again the octagonal loops of Fig. 13(a) and any one of the neighboring spin sites. Since these loops map to exactly the same flippable dimer plaquette of Fig. 13(b) their effect is to merely renormalize the fourth-order amplitude $t$. In fact, these terms result in an overall decrease of $|t|$ since they carry an extra negative sign.

On the other hand, the lowest order diagonal processes must be confined to the smallest closed path which in the present case are the pentagons of the molecule (see right panel of Fig. 11). The three possible types of configurations that respect the “uud” constraint around a pentagon are depicted in Fig. 13 and are designated by $a$, $b$ and $c$. Each one carries a certain diagonal energy, say $\epsilon_a$, $\epsilon_b$ and $\epsilon_c$. These are calculated by enumerating all relevant processes and using Eq. (A2) of Appendix A. They are explicitly given by

$$\epsilon_a = 0 ,
\epsilon_b = \frac{s^3}{8(4s-1)^2} J_z \alpha^5 ,
\epsilon_c = \frac{6s^4}{(4s-1)(8s-3)^2} J_z \alpha^5 .$$

(14)

To any given Ising configuration $i$ there corresponds an associated energy equal to $E^i = n_a^i \epsilon_a + n_b^i \epsilon_b + n_c^i \epsilon_c$, where $n_a^i$, $n_b^i$, $n_c^i$ are the number of pentagons in the states $a$, $b$ and $c$ respectively in $i$. On the other hand, we must again satisfy two global conditions, one for the total number of pentagons $N_p = 12 = n_a^i + n_b^i + n_c^i$, and one for the total number of down spins $N_d = 10 = n_b^i/2 + n_c^i$. This leaves us with one independent, non-global variable, which we choose to be $n_c^i$. Omitting a global energy $20\epsilon_b - 8\epsilon_a$, we find $E^i = v(s, \alpha) n_c^i$, with

$$v(s, \alpha) = \epsilon_a - 2\epsilon_b + \epsilon_c = \frac{s^3(32s^2 + 24s - 9)}{4(4s-1)^2(8s-3)^2} J_z \alpha^5 ,$$

(15)
which is positive for all \( s \). This means that \( v(s, \alpha) \) favors configurations with the minimum number of the pentagonal states of Fig.12(c). Since all 30 states of \( R_{uud}^{(6)} \) have \( n_c = 8 \) while the 6 states of \( R_{uud}^{(6)} \) have \( n_c = 10 \), the former family will be lower in energy by a splitting of \( 2v(s, \alpha) \). Furthermore, it is clear that diagonal processes do not give rise to a splitting within the two families.

\( s = 1/2 \) case.--- Given all the above, the effective QDM for the plateau phase of the \( s = 1/2 \) Heisenberg isododecahedron is, at lowest order, dominated by kinetic, off-diagonal processes of the form

\[
\mathcal{H}_{\text{eff}} \simeq T_{\text{eff}}^{(4)} = t \sum \left| \langle \uparrow \downarrow \rangle \langle \uparrow \downarrow \rangle \right| + \text{h.c.},
\]

where the sum runs over all octagonal plaquettes and \( t = -2.5J_s \alpha^4 \). The corresponding \( 36 \times 36 \) Hamiltonian matrix can be constructed and solved numerically for its eigenvalues. These are provided in Table IV in units of \( t \). They are also shown as filled squares in Fig.13(b). In the same figure, we show the lowest 36 eigenvalues (divided by \( J_z \)) of \( \mathcal{H} \) in units of \( \alpha^4 \). The clear convergence for small \( \alpha \) toward the eigenvalues of \( \mathcal{H}_{\text{eff}} \) confirms the validity of our perturbative calculations. Moreover, the fact that the convergence is linear confirms that the next processes contributing to \( \mathcal{H}_{\text{eff}} \) come in fifth order. In particular, the clear decrease of the bandwidth with \( \alpha \) is in agreement with our previous assertion that the fourth order amplitude \( t \) of Eq. (11) gets renormalized from the fifth order octagonal kinetic processes mentioned above. The latter seem to dominate over the corresponding fifth order off-diagonal decagonal loop processes and the fifth order diagonal ones. Looking at Fig.13(a) one notes that this may be even more general: To all orders in \( \mathcal{H}_{xy} \), there seems to be a mere renormalization of the bandwidth without drastically altering the relative amplitudes of the eigenvalues of \( T_{\text{eff}}^{(4)} \). This suggests a dominance of the most local (octagonal) kinetic processes renormalized from all orders in \( \mathcal{H}_{xy} \).

\( s > 1/2 \) and relevance to \( Mo_7F_{2}Fe_{30}. \)--- As mentioned above, diagonal processes first appear in fifth order irrespective of \( s \). On the other hand, the lowest off-diagonal process on a loop of \( L \) (even) sites appears in order \( Ls \). For instance, the octagonal loops discussed above give processes at order \( 8s \) (and higher), whereas decagonal (e.g. the equatorial) loops contribute in order \( 10s \) (and higher). Hence for \( s = 1 \) diagonal and off-diagonal processes are equally important, while for \( s > 1 \) the physics will be completely dominated by diagonal processes of fifth order in \( \alpha \):

\[
\mathcal{H}_{\text{eff}} \simeq V_{\text{eff}}^{(5)} = v(s, \alpha) \sum \left| \langle \uparrow \downarrow \rangle \langle \uparrow \downarrow \rangle \right| + \text{h.c.},
\]

where the sum runs over all pentagonal plaquettes (with all possible orientations) and \( v(s, \alpha) \) is given by Eq. (15). As explained above these processes result in a diagonal splitting of \( 2v(s, \alpha) \) between \( R_{uud}^{(30)} \) and \( R_{uud}^{(6)} \) with the former family being lowest in energy. For \( s = 5/2 \) in particular, which is relevant for the plateau phase of \( Mo_7F_{2}Fe_{30} \), this splitting amounts to the quite small value of \( 2v \simeq 0.0838J_z \alpha^5 \). Since, at the same time, the excitations out of the Ising manifold are expected to remain gapped for the finite value of \( s = 5/2 \), we speculate that the plateau phase of \( Mo_7F_{2}Fe_{30} \) must show a characteristic low-temperature thermodynamic signal which is qualita-

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FIG. 13: (Color online) (a) Lowest eigenvalues of the \( s = 1/2 \) XXZ model on the isododecahedron in the \( S_z = 5 \) sector. Interpolation between the \( \alpha = 0 \) Ising and the \( \alpha = 1 \) Heisenberg point. The large energy separation between the lowest 36 states and higher excitations is clearly evident. (b) Convergence of the lowest 36 eigenvalues (in units of \( J_z \alpha^4 \)) as described in the text.
tively similar to that of Fig. 7 (up to fine details related to the 30 to 6 diagonal splitting). Here, in particular, the entropy content of the renormalized “ud” manifold amounts to approximately 7% of the full magnetic entropy. This calls for low-temperature specific heat measurements on Mo$_7$Fe$_{30}$ at the plateau phase as explained in Sec. III A. More generally, it is exciting that the notion of a Quantum Dimer Model finds a realization in the low-energy $M = M_s/3$ plateau physics of finite-size magnetic clusters like Mo$_7$Fe$_{30}$ or Mo$_7$V$_{30}$.

IV. HEISENBERG SPECTRA FOR $s > 1/2$

The major focus of this section is on Heisenberg spectra with $s > 1/2$. Our interest in this regard is mainly motivated by the INS experiments reported by Garlea et al$^{28}$ on Mo$_7$Fe$_{30}$. The main finding of these experiments is a very broad response which manifests in a wide range of fields. Previous theories which are based either on the excitations of the rotational band model$^{28,29}$ or on spin wave calculations$^{30,31}$, could not account for the observed behavior since they predict only a small number of discrete excitation lines at low temperatures. Although the diagonalization of the $s > 1/2$ icosidodecahedron is not feasible (at low magnetizations) with current computational power, an immediate interpretation of this behavior can be deduced from a study of the cuboctahedron. Exact diagonalization spectra of this cluster for $s = 3/2$ and $s = 5/2$ are shown in the two lower panels of Fig. 14. For comparison we have also included the $s = 1/2$ spectrum (this was shown before in the middle panel of Fig. 4 in terms of $S_z$ instead of the total spin $S$). Here, in contrast to unfrustrated clusters (cf. upper panel of Fig. 4), there does not exist any well isolated and thus clearly identifiable low-energy tower of states or rotational band. Instead, a “bulk” of very dense excitations are present in the full magnetization range. This is a generic feature of highly frustrated systems which manifests irrespective of $s$ and thus must be also present in the $s = 5/2$ Mo$_7$Fe$_{30}$ cluster (similarly to its $s = 1/2$ analogue of Fig. 4).

The origin of these dense excitations for $s > 1/2$ can be readily suggested by the following striking observation in Fig. 14. The spectra consist, up to a relatively large energy cut-off, entirely of the representations $A_1g$, $A_2g$, $E_g$, and $T_{2u}$. The main message in the following is that this peculiar spatial symmetry pattern as well as the combined spatial+spin pattern (i.e., the appearance of specific sets of spatial IR’s in each $S$ sector) are characteristic fingerprints of the 3-sublattice Heisenberg classical GS’s. For instance, as we explain below, these four representations are exactly the ones that appear in the symmetry decomposition of the coplanar classical GS’s (cf. Eq. (19) below). The dense excitation features of the lower two panels of Fig. 14 can be thereby accounted for by the large spatial degeneracy of these configurations, a fact whose importance does not seem to have been recognized in the past. In principle, each of these states gives rise to a distinct “tower of states” or “rotational band” and they all appear together at low energies albeit split by quantum fluctuations. So the large discrete degeneracy has a direct impact on the low-energy spectrum, and we believe this large number of levels is at the very heart of the broad INS response reported in Ref. 28.

By contrast, the absence of a clear symmetry pattern in the $s = 1/2$ spectra (cf. upper panel of Fig. 14) shows that the associated low-lying excitations are of different origin.

Before analyzing further our numerical results it is useful to recall (cf. Subsec. IV A below) what is known about the classical GS’s of the infinite kagomé lattice in zero and finite field and discuss what carries over in the present clusters. In particular, we give the explicit spatial degeneracy of the coplanar GS’s and a short summary of their symmetry properties. The latter have been derived independently by employing a group theoretical analysis, the details of which have been relegated to Appendix B. Our semiclassical interpretation for the origin of the dense excitations of the above $s > 1/2$ spectra will be further corroborated by a closer comparison of the symmetry pattern of the spectra with the combined spatial+spin symmetry of the coplanar GS’s also derived in Appendix B. In Subsec. IV B we discuss the simpler case of the $s > 1/2$ XY model which exemplifies very evidently the main idea of this section, i.e., the simultaneous presence of several lowest towers of states due to the discrete classical degeneracy.

A. Classical GS’s and large spatial degeneracy

Let us first consider the ground state configurations of the classical Heisenberg model in the infinite kagomé system and the present clusters. The corner-sharing triangles structure makes the discussion rather simple. The classical Hamiltonian can be rewritten in the suggestive form (in units of $g \mu_B = 1$)

$$\mathcal{H}_\text{classical}^{HB} = \frac{J}{2} \sum_\Delta (S_\Delta - H/2J)^2,$$

where $S_\Delta$ denotes the total spin on a triangle $\Delta$. In this form it is straightforward to see that all configurations with $S_\Delta = H/2J$ on each triangle are GS’s. It is useful to examine the zero-field case first.

Zero-field case.— Here, the classical constraint $S_\Delta = 0$ amounts to a simple 120° configuration of the three spins, which is depicted in Fig. 15(a). An important point here and in the following is to determine how many such GS’s exist. For the kagomé lattice it is well known that the ground state manifold consists of both coplanar and non-coplanar configurations in zero field. The coplanar GS’s are extensively degenerate as can be shown by a mapping onto vertex three-colorings of the kagomé lattice$^{47,48}$. On the other hand the non-coplanar GS’s...
can be generated from the coplanar ones by the following recipe: Identify a loop of alternating spin orientations (two out of three directions), which is either closed or extends to infinity. All sites neighboring the loop share the common third spin direction. It is then possible to collectively rotate the spins on the loop freely around the third direction at zero energy cost. Such a new state is clearly non-coplanar, but still a ground state.

FIG. 15: Classical GS’s of the Heisenberg model on the kagomé AFM which are selected by quantum or thermal fluctuations. (a) In zero-field, these are the 120° states. In finite fields ((b) and (c)), the three spins lie on the plane of the field. (b) For $H < H_s/3$, we have a one-parameter ($\phi < 120°$) family of states with one of the spins (C) pointing antiparallel to the field. (c) For $H \geq H_s/3$, we have a two-parameter ($\xi$ and $\eta$) family of states with two spins (A and B) being collinear.

FIG. 16: Two of the 24 possible vertex three-colorings on the cuboctahedron which is projected on a plane here (periodic boundary conditions along the two arrows are implied). (a) One of the 6 colorings of the $\Gamma$ (or $q = 0$) family, and (b) one of the 18 colorings of the $M$ family.

FIG. 14: (Color online) Low-energy spectra of the AFM Heisenberg cuboctahedron for $s = 1/2$ (top), $3/2$ (middle) and $5/2$ (bottom) in terms of the total spin $S$. All energies are measured from their corresponding $E_0(S)$.

As mentioned above, these are exactly the IR’s that appear (with open symbols) in the spectra of the lower two panels of Fig. 14. On the other hand, the 60 vertex three-colorings of the icosidodecahedron form two invariant (under the operations of $I_h$) families $P_{ABC}^I$ and $P_{ABC}^M$ which consist of 6 and 18 states respectively, and they decompose into IR’s of $O_h$ as

$$P_{ABC}^I = A1g \oplus A2g \oplus 2Eg,$$

$$P_{ABC}^M = 3(A1g \oplus Eg \oplus T2u).$$

(19)

Let us now discuss what carries over of this large classical degeneracy on the two present molecules. It is straightforward to enumerate all vertex-three colorings for both the cuboctahedron and the icosidodecahedron and the respective numbers are 24 and 60, or 4 and 10 if one discards global recolorings. Two such states of the cuboctahedron are illustrated in Fig. 16, while a typical one for the icosidodecahedron can be found in Fig. 2 of Ref. 49. We stress here that these 4 and 10 states are unrelated by the global O(3) symmetry, and therefore form genuinely different GS’s and give rise to distinct “tower of states” at low-energies. The spatial symmetry properties of these states have been derived in Appendix B and can be summarized as follows. The 24 vertex three-colorings of the cuboctahedron form two invariant (under the operations of $O_h$) families $P_{ABC}^I$ and $P_{ABC}^M$ which consist of 6 and 18 states respectively, and they decompose into IR’s of $O_h$ as

$$P_{ABC}^I = A1g \oplus A2g \oplus 2Eg,$$

$$P_{ABC}^M = 3(A1g \oplus Eg \oplus T2u).$$

(19)
TABLE V: Heisenberg point: Decomposition of semiclassical coplanar states into IR’s of $G = SU(2) \times \mathbb{R}$ (where $\mathbb{R} = \mathbb{O}_h$ or $b_1$) up to $S = 6$. $N$ denotes the number of IR’s for each sector of $SU(2)$, and is equal to $(2S+1)$ times the number of coplanar states in each family divided by six (i.e., 4 and 10 for the cuboctahedron and the icosidodecahedron respectively). For the derivation see Appendix B.

<table>
<thead>
<tr>
<th>$S$</th>
<th>Cop.</th>
<th>$P^M_{ABC}(3 \times 6)$</th>
<th>N</th>
<th>Cop.</th>
<th>$P^M_{ABC}(3 \times 6)$</th>
<th>N</th>
<th>Icosi.</th>
<th>$R_{ABC}(10 \times 6)$</th>
<th>N</th>
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</thead>
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<tr>
<td>0</td>
<td>1</td>
<td>A1g, Eg</td>
<td>3</td>
<td>6</td>
<td>A1g, Eg</td>
<td>3</td>
<td>2Hg, Hu</td>
<td>A1g, Eg</td>
<td>3</td>
</tr>
<tr>
<td>1</td>
<td>2</td>
<td>A1g, Eg</td>
<td>3</td>
<td>6</td>
<td>A1g, Eg</td>
<td>3</td>
<td>2Hg, Hu</td>
<td>A1g, Eg</td>
<td>3</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
<td>6</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
<td>2Hg, Hu</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
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<td>(3A1g, Eg), 5</td>
<td>4</td>
<td>2Hg, Hu</td>
<td>(3A1g, Eg), 5</td>
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<tr>
<td>4</td>
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<td>(3A1g, Eg), 5</td>
<td>4</td>
<td>6</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
<td>2Hg, Hu</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>6</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
<td>6</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
<td>2Hg, Hu</td>
<td>(3A1g, Eg), 5</td>
<td>4</td>
</tr>
</tbody>
</table>

lent to each other (cf. Appendix B). Here, we shall treat these families collectively as a single one called $R_{ABC}$. This decomposes into IR’s of $b_1$ as

$$R_{ABC} = 2(\text{Ag} \oplus \text{Au} \oplus \text{Fg} \oplus \text{Fu} \oplus 2\text{Hg} \oplus 2\text{Hu}) \quad (20)$$

As to the non-coplanar GS’s (in zero-field), it turns out that the icosidodecahedron has none, since all the alternating loops described above have maximal length (20), and therefore the rotation of the spins on the loop just changes the global spin plane, thus preserving the coplanarity. The cuboctahedron however has non-coplanar GS’s, since the loops can have length shorter than eight, in agreement with previous studies.\cite{41,42}

When switching on quantum fluctuations on the kagomé lattice it is known that the spin waves at harmonic order select the coplanar GS’s over the non-coplanar ones (order-by-disorder effect), due to the larger number of soft modes of the former. A complete lifting of the remaining (spatial) degeneracy is taking place at the level of anharmonic spin waves, whereby the single $\sqrt{3} \times \sqrt{3}$ magnetically ordered state is selected.\textsuperscript{43} On the other hand for the extreme quantum case of $s = 1/2$ a number of numerical works clearly show the absence of any magnetic order.\textsuperscript{44} So based on these conflicting results it is difficult to predict to which regime the intermediate values of spin will belong.

We now give a symmetry analysis for the cuboctahedron spectra at low magnetizations which suggests strongly that the low-lying excitations can be described in semiclassical terms at the harmonic spin-wave level. To this end, we should first emphasize that the non-coplanar GS’s do not carry the above spatial symmetry because not all triangles share the same spin plane in these configurations and thus spatial operations generally cannot relate different triangles. This means that the striking agreement between the spatial symmetry of the above low-energy spectra and Eq. (19) is not just accidental. Of course there can be other states whose spatial decomposition can in principle contain some or all of the IR’s of Eq. (19) (in fact such states will be examined below for finite magnetizations). More stringent evidence comes by comparing the full spatial+spin symmetry pattern of the exact spectra to that of the 120° states. The latter has been derived in Appendix B and the results are provided in Table V up to $S = 6$. A closer inspection of the $s = 3/2$ and 5/2 spectra (cf. lower two panels of Fig. [14]) shows a remarkable agreement: All lowest-energy levels (shown with open (black) symbols) which are below the levels shown with filled (red) symbols can be identified in Table V with the right combinations of spatial and spin representations and multiplicity. It is important to note here that, although these towers are severely split by quantum fluctuations—in fact some IR’s of Table V (e.g. one A1g level at the $S = 0$ sector) can be found slightly higher than the lowest (red) filled symbols—almost the entire set of levels contained in Table V are found below the filled symbols with no extra level appearing. Thus we believe the combined spatial+spin symmetry pattern of the spectra for small magnetizations is a characteristic fingerprint of the 120° semiclassical states.

Finite-field case.— Here the ground state manifold is generally larger since the classical constraint $S = H/2J$ allows for non-coplanar configurations already at the level of a single triangle. It is known\textsuperscript{51,52,53} however that the coplanar states with the spins lying in the field-plane have the largest number of soft modes and thus must be selected by quantum or thermal fluctuations. A subsequent selection which depends on the field takes place within the field-plane for the orientation of the spin triad.\textsuperscript{54} It turns out that the most relevant GS’s in a finite field are the ones depicted in Figs. [15](b) and (c)\textsuperscript{50}. For $H < H_s/3$ (cf. Fig. [15](b)) the relevant GS’s on a triangle form a one-parameter family with one spin antiparallel to the field. It is important to note that, apart from their difference in the directions of the three spins, these configurations and thus spatial operations generically cannot relate different triangles. This means that the low-lying excitations can be described in semiclassical terms at the harmonic spin-wave level. To this end, we should first emphasize that the non-coplanar GS’s do not carry the above spatial symmetry because not all triangles share the same spin plane in these configurations and thus spatial operations generally cannot relate different triangles. This means that the striking agreement between the spatial symmetry of the above low-energy spectra and Eq. (19) is not just accidental. Of course there can be other states whose spatial decomposition can in principle contain some or all of the IR’s of Eq. (19) (in fact such states will be examined below for finite magnetizations). More stringent evidence comes by comparing the full spatial+spin symmetry pattern of the exact spectra to that of the 120° states. The latter has been derived in Appendix B and the results are provided in Table V up to $S = 6$. A closer inspection of the $s = 3/2$ and 5/2 spectra (cf. lower two panels of Fig. [14]) shows a remarkable agreement: All lowest-energy levels (shown with open (black) symbols) which are below the levels shown with filled (red) symbols can be identified in Table V with the right combinations of spatial and spin representations and multiplicity. It is important to note here that, although these towers are severely split by quantum fluctuations—in fact some IR’s of Table V (e.g. one A1g level at the $S = 0$ sector) can be found slightly higher than the lowest (red) filled symbols—almost the entire set of levels contained in Table V are found below the filled symbols with no extra level appearing. Thus we believe the combined spatial+spin symmetry pattern of the spectra for small magnetizations is a characteristic fingerprint of the 120° semiclassical states.
form a subset of the ones appearing in Eqs. \[19\] and \[20\] respectively.22

According to the above, all types of semiclassical configurations of Fig. 14 have the same set of spatial representations, except the “quasi-collinear” states which do not contain the A2g representation: At large magnetizations this level is pushed higher in energy and this seems to confirm that it does not belong to the relevant towers of states of the “quasi-collinear” classical states. More generally, the fact that the same set of spatial IR’s appear in the low-energy spectra at all magnetizations signifies that our previous semiclassical interpretation for the zero-field case carries over for finite fields as well. Again, one may ask for more stringent evidence by a comparison of the combined symmetries (not shown here) following these combined symmetries (but not spin symmetry properties, see below) following the same lines as in Appendix B but it turns out that the small size of the cuboctahedron together with the severe splitting of the low-lying states do not allow for a straightforward and thus definite identification of the relevant towers of states as above. As we show below, this will be possible for the much simpler case of the \(s > 1/2\) XY model.

B. \(s > 1/2\) XY model

Here we study the XY model (i.e. the \(J_z = 0\) limit of Eqs. \[2\]-\[4\]) on the cuboctahedron. The reason of doing this is twofold. First because, in contrast to the Heisenberg point, the XY point exemplifies very evidently the core idea of the simultaneous appearance of several towers of states due to the spatial degeneracy of the classical GS’s. And second, to provide an additional interpretation of the Heisenberg spectra, since these can be thought of as being adiabatically connected to the XY spectra but split by the quantum fluctuations introduced by \(J_z\).

We first consider the classical case with a magnetic field perpendicular to the \(xy\)-plane. As above, the XY Hamiltonian can be rewritten in terms of the three spins \(s_i\) of each triangle \(\Delta\) and its total spin \(S_\Delta\) as (in units of \(\hbar\mu_B = 1\)):

\[
\mathcal{H}_{\text{classical}}^{XY} = \frac{J_{xy}}{2} \sum_\Delta \left( S^2_{\Delta \perp} - \sum_{i=1}^{3} (s^2_{i\perp} + \frac{2H}{J_{xy}} s_{i\perp}) \right), \tag{21}
\]

where \(S^2_{\Delta \perp} \equiv S^2_{\Delta x} + S^2_{\Delta y}\) and similarly for \(s^2_{i \perp}\). The leading term of Eq. \[21\] is minimized by taking \(S_{\Delta \perp} = 0\) on each triangle. The remaining terms require that we maximize both \(s^2_{i \perp}\) and \(s_{i \perp}\) with the constraint \(s^2_{i \perp} + s^2_{i \perp} = s(s+1)\) (the balance between the two components is controlled by the ratio \(2H/J_{xy}\)). In zero-field this gives the 3-sublattice states where all triangles share the same spin \((xy)\) plane. The major difference with our previous analysis of the Heisenberg (classical) GS’s is that here a spin plane (i.e. the \(xy\) plane) is selected explicitly from the beginning (i.e., for zero field) and this gives a finite energy cost to non-coplanar configurations. A finite field gives rise to a tilt of the three spins out of the \(xy\) plane giving rise to the so-called “umbrella” states. It is clear that both in zero and in finite field, the classical XY GS’s have the same spatial multiplicity and spatial symmetry properties (but not spin symmetry properties, see below) with the set of coplanar 3-sublattice GS’s of the Heisenberg point.

Let us now consider the quantum-mechanical XY model. For our demonstration purposes, it suffices to consider the \(s = 5/2\) case only (the \(s = 3/2\) case is very similar).22 The low-energy spectrum is shown in the upper panel of Fig. 17. A number of spectral features are revealed. First, in contrast to the Heisenberg case studied above, the lowest-energy portion of the spectrum (indicated by the arrow) is well isolated from higher excitations and it comprises four distinct towers of states. This
TABLE VI: XY point: Decomposition of semiclassical coplanar states into IR's of $G = C_{\infty v} \times R$ (where $R = O_h$ or $I_h$). $N$ is the number of IR's for each sector of $C_{\infty v}$, and is equal to the dimensionality of the corresponding IR of $C_{\infty v}$ (cf. Table VIII) times the number of coplanar states in each family divided by six (i.e., 1 for $P_{ABC}^0$, 3 for $P_{ABC}^M$, and 10 for $R_{ABC}$). The details of the derivation are given in Appendix [13].

<table>
<thead>
<tr>
<th>$(S_z, \sigma_z)$</th>
<th>Cuboc. $P_{ABC}^0(1 \times 6)$ N</th>
<th>Cuboc. $P_{ABC}^M(3 \times 6)$ N</th>
<th>Icosi. $R_{ABC}(10 \times 6)$ N</th>
</tr>
</thead>
<tbody>
<tr>
<td>0, +</td>
<td>A1g</td>
<td>A1g, Eg</td>
<td>Ag, Au, Fg, Fu 10</td>
</tr>
<tr>
<td>0, −</td>
<td>A2g</td>
<td>T2u</td>
<td>Ag, Au, Fg, Fu 10</td>
</tr>
<tr>
<td>1, 2, 4, .</td>
<td>Eg</td>
<td>A1g, Eg, T2u</td>
<td>6Hg, 2Hu 20</td>
</tr>
<tr>
<td>3, 6, 9, .</td>
<td>A1g, A2g</td>
<td>A1g, Eg, T2u</td>
<td>2(Ag, Au, Fg, Fu) 20</td>
</tr>
</tbody>
</table>

Multiplicity is a fingerprint of the spatial degeneracy of the classical 3-sublattice states mentioned above. This can be further substantiated by examining more closely the symmetry structure of the excitations intervening in these towers. To this end we zoom in on these towers in the lower panel of Fig. [17]. A simple inspection of the spatial IR's that appear in this panel reveals that they are exactly the ones given by Eq. (19). Much stronger evidence comes by examining the full spatial+spin symmetry structure of the lowest towers. Indeed, a closer comparison to Table [VI] (derived in Appendix [B]) demonstrates that there is a remarkable one-to-one correspondence of each of the lowest towers with the classical families which holds in almost the entire magnetization range. We should emphasize here that each semiclassical state shows a different and quite non-trivial symmetry pattern which is in some sense a very characteristic fingerprint of the state. For instance, the full content of 24 states of Eq. (19) is recovered every three $S_z$ sectors in the lowest towers with the specific pattern of combined spatial and spin IR's given in Table [VI]. This remarkable agreement between exact ED spectra and our symmetry derivation is indeed a strong evidence that the lowest towers of states can be thought of as renormalized semiclassical 3-sublattice states.

Some additional remarks are in order here regarding the energies of the two families of towers as revealed in the lower panel of Fig. [17]. We should first note that all towers are expected to become degenerate in the classical $s \gg 1$ limit. Based on spectra with $s = 3/2$ (not shown here), we find that the energy splittings within a tower of each of the two families $P_{ABC}^0$ and $P_{ABC}^M$ diminishes quickly on increasing $s$ as expected, while at the same time, the energy splitting between them remains sizable. On the other hand, as a function of $S_z$ (or field), there is an interesting level crossing between the two families somewhat below the $M = M_s/3$ magnetization plateau, with the $M$ family being more favorable below this point. An understanding of the above level-crossing could arise by employing for instance a semiclassical expansion for the XY model in a field, in a similar fashion with what is done for the Heisenberg model [11,14], but such an analysis is clearly beyond the scope of this paper.

V. SUMMARY

We have presented an extended study of the low-energy physics of two existing magnetic molecule realizations of the kagomé AFM on the sphere, the cuboctahedron and the icosidodecahedron. Our ED results revealed a number of generic spectral features which stem from the corner-sharing topology of these clusters. Indeed, a simple comparison to a finite-size $s = 1/2$ unfrustrated magnet demonstrated that frustrated clusters manifest a “bulk” of very dense low-energy excitations. We focused on two major aspects which are of general interest but were particularly oriented toward the $s = 5/2$ Mo$_7$Fe$_{30}$ cluster: (i) the low-energy excitations above the $M = M_s/3$ plateau and (ii) the low-lying spectra of the Heisenberg model for $s > 1/2$.

For the $M = M_s/3$ plateau, we first demonstrated that the $s = 1/2$ icosidodecahedron shows 36 low-lying excitations which are adiabatically connected to collinear “uud” Ising (GS’s), at the same time being well isolated from higher levels by a relatively large energy gap. We then argued, based on a complementary physical picture which emerged from the derivation of an effective quantum dimer model, that this $s = 1/2$ feature must be special to the topology of the icosidodecahedron and that it must survive for $s = 5/2$ as well. We also predicted that the corresponding 36 low-lying plateau states of the $s = 5/2$ icosidodecahedron consist of two “uud” families (of 30 and 6 states respectively) which are separated by a small diagonal energy splitting. This result can be confirmed by low-temperature specific heat measurements at the $M = M_s/3$ regime ($H \approx 5.9$ Tesla) of Mo$_7$Fe$_{30}$ and/or by an assessment of the associated missing entropy.

In the second part, we showed exact diagonalization spectra for the $s > 1/2$ Heisenberg cuboctahedron which demonstrated that the dense low-lying excitation features of the $s = 1/2$ case are present for $s > 1/2$ as well, albeit with a striking spatial+spin symmetry pattern. These spectra provide a semiclassical interpretation of the broad inelastic neutron scattering response reported for Mo$_7$Fe$_{30}$. The main ingredient of this interpretation is the simultaneous presence of several low-energy towers of states or rotational bands at low energies which originate from the large spatial multiplicity of the classical Heisenberg ground states, and this is known to be a generic feature of highly frustrated clusters. This semiclassical interpretation was further corroborated by an independent group theoretical analysis which demonstrated that the striking symmetry pattern of the low-lying excitations is indeed a characteristic fingerprint of the classical coplanar ground states. The core idea of the simultaneous presence of several rotational bands at low energies due to the discrete classical degeneracy was fi-
nally exemplified very evidently by a study of the $s > 1/2$ XY model.

VI. ACKNOWLEDGMENTS

We would like to acknowledge fruitful discussions with C. L. Henley, M. Luban, and K. P. Schmidt and earlier collaboration with J.-B. Fouet and S. Domnanje on related subjects. The point group symmetry data used in our calculations have been obtained using the Bethe package \cite{Bethe}. We would like to thank K. Rykhlińska for her assistance with this package. This work was supported by the Swiss National Fund and by MaNEP. The computations have been enabled by the allocation of computational resources on the machines of the CSCS in Manno.

APPENDIX A: DEGENERATE PERTURBATION THEORY AROUND THE ISING POINT

Here we describe some very general considerations which greatly facilitate the classification of processes appearing in degenerate perturbation theory around the Ising point. We consider corner sharing triangles structures with general spin $s$, and focus on the $M = M_s/3$ plateau. The ground-state Ising manifold consists of configurations which maximize the number of extremum local moments $m^{10}$. At the plateau $M = M_s/3$ phase, this consists of all configurations with two spins having $m = s$ and one with $m = -s$ in each triangle. All processes triggered by $H_{xy}$ must preserve this constraint. Let us denote by $E_0$ the zero-th order energy and by $P_0, Q_0 = 1 - P_0$ the projections onto and out of the Ising manifold. We also designate by $\mathcal{R}$ the resolvent operator

$$\mathcal{R} = (E_0 - Q_0 H_0 Q_0)^{-1}. \quad (A1)$$

The $n$-th order term of the effective Hamiltonian in the Rayleigh-Schrödinger formulation\cite{Rayleigh} reads

$$H_{\text{eff}}^{(n)} = P_0 H_{xy} (\mathcal{R} H_{xy})^{n-1} P_0 + \text{remaining terms}, \quad (A2)$$

where each of the “remaining terms” can be thought of as a product combination of lower order terms $H_{\text{eff}}^{(k)}$ (with $k < n$). This separation is useful when e.g. all processes below some order $n$ are constant since then, to order $n$, it suffices to keep only the leading term of Eq. (A2). The presence of $P_0$’s in Eq. (A2) enforces all terms to flip spins in such a way as to respect the “uud” constraint in each triangular unit.

The derivation of $H_{\text{eff}}$ at any given order is greatly facilitated by noting that only “linked” processes should be taken into account. These are interactions that are “connected” in the following sense. Substituting $H_{xy}$ in Eq. (A2) gives different types of terms, each one carrying a string of a given number of bond operators $s_i, s_j$. We differentiate between “linked” and “unlinked” interaction terms depending on whether the set of all vertices appearing in the corresponding string forms a connected (open or closed) path in the lattice or not. The latter contain nonlocal interactions between disconnected parts of the lattice and therefore must be omitted\cite{Bergman}. Only connected paths should therefore be considered. Further simplifications arise from the “uud” constraint as described below for diagonal and off-diagonal processes.

**Diagonal processes.**—As explained in considerable detail in Ref.\cite{Wu} in the context of the pyrochlore lattice, all diagonal processes up to a given order give an overall constant energy shift, with the leading non constant terms arising from processes along closed loop configurations. As we explain below, similar results apply to the present case of corner sharing triangles as well. The proof can be demonstrated in a compact way by using the contraction method of Bergman et al.\cite{Bergman}

Consider first all-order diagonal processes confined to a given triangle. Clearly, the only physically distinct configuration on this triangle is the “uud” one, since the associated diagonal energy does not depend on which of the three vertices the down spin resides (cf. Fig. 18(a)).

![Fig. 18](image-url)  

**FIG. 18:** As above, filled circles denote spins with $m = -s$, remaining vertices have $m = s$. (a) All configurations of a single triangle have the same energy to all orders. (b) The configurational energy of two adjacent triangles depends only on the shared spin, since all 4 states with the shared spin pointing up have the same energy. (c) The contraction method is based on the observation that $E(R; s_1, s_2, s_3) = E(R; s_1)$.
alent state, knowing the value of $s_1$ is enough, i.e.,

$$E(R; s_1, s_2, s_3) = E(R; s_1),$$ \hspace{1cm} (A3)

where $R$ designates all remaining spin variables. This “contraction” can be continued with the next available triangle inside the shaded area $R$, and so on. If this process can be continued until we are left with a function of a single vertex, then sampling this function over all spins we obtain again a global energy shift. A non-constant energy contribution may arise only when the contraction process cannot be continued until the last spin variable. This happens whenever the shaded area $R$ of Fig. 18(c) contains one or more closed loops, since none of the triangles making up a loop is “contractible”. This leaves us with the following quite general statement: All-order processes confined to a fragment of the lattice with no closed loops give an overall constant energy shift. The most general form of such fragments is depicted in Fig. 19 and is recognized to be a Bethe lattice made of triangles, known as Husimi cactus.

Hence, the lowest order diagonal processes come from closed loops in the lattice. One should also remark that, in contrast to off-diagonal processes (see below), the order at which diagonal processes first appear is independent of the spin $s$.

**Off-diagonal processes.**— Figure 20 shows schematically a given lattice path (solid thick line) with two particular configuration choices. All spins have $m = s$ except the ones indicated by filled circles with $m = -s$. By definition, only spins residing on this path may be flipped. In off-diagonal processes at least one spin, say $s_0$, is flipped from $m = \pm s$ to $m = \mp s$. But, since the final state must preserve the “uud” constraint in each triangle, flipping $s_0$ must be accommodated by a similar flip of the adjacent spins lying on the path, namely $s_{-1}$ and $s_1$. Similarly, the spins at vertices 2 and 3 must also be flipped. If, as drawn in Fig. 20(a), the initial configuration has $m_3 = m_4 = -s$, then flipping 3 already violates the “uud” constraint. It is also clear that if the path is open at one end (or at both ends) the ending spin (or spins) will be flipped at the final state, thus violating the “uud” constraint on the adjacent triangle(s). Thus only closed, connected paths with alternating up-down spins, such as in Fig. 20(b) are amenable to an off-diagonal process. The simplest possible paths are loops of even number of spins $L$. Since flipping each spin requires 2s operations, off-diagonal processes on a simple loop appear in order $O^{2s}$. An example was shown in Fig. 9 for the icosidodecahedron. In Table VII we provide calculated numerical values for the amplitude of such virtual processes around loops with $L = 4, 6$ and 10 sites, and for various intrinsic spins $s$. The order in $H_{xy}$ and the total number of contributing processes are also given.

<table>
<thead>
<tr>
<th>$L$</th>
<th>$2s$</th>
<th>Order ($Ls$)</th>
<th>$t [J, \alpha]^{Ls}$</th>
<th># of processes</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>1</td>
<td>2</td>
<td>-1.0</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td>4</td>
<td>-1.0</td>
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<td>10</td>
<td>-0.03515625</td>
<td>853 776</td>
<td></td>
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<tr>
<td>6</td>
<td>1</td>
<td>3</td>
<td>1.5</td>
<td>12</td>
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<tr>
<td>2</td>
<td>6</td>
<td>-0.88402469</td>
<td>900</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>9</td>
<td>0.25093125</td>
<td>94 080</td>
<td></td>
</tr>
<tr>
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<td>12</td>
<td>-0.05637473</td>
<td>11 988 900</td>
<td></td>
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<td>5</td>
<td>15</td>
<td>0.01106939</td>
<td>1 704 214 512</td>
<td></td>
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<td>260 453 217 024</td>
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<td>-0.12770306</td>
<td>60 614 400</td>
<td></td>
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<td>114 144 030 000</td>
<td></td>
</tr>
<tr>
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<td>1</td>
<td>5</td>
<td>+4.375</td>
<td>240</td>
</tr>
<tr>
<td>2</td>
<td>10</td>
<td>-1.0924858</td>
<td>3 855 600</td>
<td></td>
</tr>
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</table>

TABLE VII: Degenerate perturbation theory calculations for the off-diagonal kinetic amplitude $t$ on alternating up-down configurations around loops with $L = 4, 6$ and 10 sites, and for various intrinsic spins $s$. The order in $H_{xy}$ and the total number of contributing processes are also given.
APPENDIX B: SYMMETRY PROPERTIES OF THE 3-SUBLATTICE COPLANAR STATES

Here we give the details of the derivation of the symmetry properties of the semiclassical 3-sublattice coplanar states of Fig. 15(a). These are relevant for the Heisenberg model at $H = 0$ as well as the XY model (discussed in Sec. IV B) for both zero and finite fields. As explained above, the spatial symmetry properties of the states of Fig. 15(b) are the same as that of (a), and similarly the spatial symmetry of the “quasi-collinear” states of Fig. 15(c) is identical to that of the “uud” states given in Eqs. (4) and (12). The derivation of the combined spatial+spin properties of Fig. 15(b) and (c) are not of our interest here but can be found easily following the same steps as below.

We are using the following notation and conventions. The groups of real space and spin space operations are denoted respectively by $R$ and $L$. In particular, $R = O_h$ for the cuboctahedron and $I_h$ for the icosidodecahedron.

The full group $R \times L$ is designated by $G$. A stabilizer $H_c$ of a classical state $|c\rangle$ consists of elements $h$ which preserve $|c\rangle$ (i.e. $h|c\rangle = |c\rangle$) and this will be either a subgroup of $R$ or a subgroup of $G$ depending on whether we are examining only the spatial or the full symmetry properties. The elements of $R$, $L$ and $G$ are labeled by $r, l, g = r \cdot l$ respectively, while their IR’s are denoted as $D^c(r), D^h(l)$, and $D^g(g) = D^o(r) \otimes D^\lambda(l)$. Similarly, their characters are denoted by $\chi^o(r), \chi^h(l)$, and $\chi^g(g = r \cdot l) = \chi^o(r) \cdot \chi^\lambda(l)$. Let us first discuss the spatial symmetry and then the combined spatial+spin symmetry structure of the 3-sublattice states.

1. Spatial symmetry of 3-sublattice states

As we discussed previously, each vertex three-coloring $|c\rangle$ is in one-to-one correspondence with the states $|c'\rangle$ of the orbit $O$. Employing (B3) to all different orbits we obtain the symmetry properties of the coplanar states.

Let us see now what happens for the cuboctahedron and the icosidodecahedron separately. As discussed above, the cuboctahedron has a total number of 24 vertex three-colorings $|c\rangle = |ABC\rangle$. Under $O_h$, they form four invariant orbits of six colorings each. The first orbit, called $P^M_{ABC}$ consists of the six global permutations of the translationally invariant coloring depicted in Fig. 16(a). The 18 colorings that belong to the remaining three orbits result from the first orbit by interchanging colors along loops with two alternating colors. One such configuration is shown in Fig. 16(b). Although these three orbits are equivalent it is useful for the following discussion of the full spatial+spin properties to treat them collectively as a single one which we term $P^M_{ABC}$. The decomposition of the above orbits into IR’s of $O_h$ was given in Eq. (19).

On the other hand the icosidodecahedron has 60 colorings states. Under $I_h$ they form two orbits of 30 colorings each. The first orbit consists of the 3 cyclic permutations $(ABC,CAB,BCA)$ of 10 ABC states, while the second orbit consists of the remaining 3 permutations (or reflections) $(BAC,CBA,ACB)$ of the same 10 states. Although these two orbits are equivalent it is useful for the discussion of the full spatial+spin properties (see below) to treat them as a single one which we denote by $R_{ABC}$. Its decomposition into IR’s of $I_h$ was given in Eq. (20).

2. Spatial+spin symmetry of 3-sublattice states

We shall now go one step further and derive the combined spatial+spin properties of the above states. Namely, a decomposition similar to that of Eqs. (19) and (20) but now in terms of IR’s $D^7$ of the full symmetry group $G = R \times L$ of the Hamiltonian. The method has been employed previously in the seminal works of Bernu et al.34,35 and Lecheminant et al.3,36.

The recipe is quite analogous to the one we employed above. Here however, by applying the elements of the full group $G$ on a given classical state we generate a continuous orbit $O$. All states contained in this orbit are coplanar but their order parameter has all possible orientations in spin space ($O$ is a continuous “order parameter space”). Otherwise, the equation giving the numbers $m_\gamma$ (i.e. how many times is $D^7$ appearing in the decomposition of $O$ into IR’s of $G$) is fully analogous to Eq. (B3) and reads

$$m_\gamma = \frac{1}{|H_c|} \sum_{h \in H_c} \chi^\gamma(h),$$

where now $\chi^\gamma(h = r \cdot l) = \chi^o(r) \cdot \chi^\lambda(l)$. For the identification of $H_c$ it is expedient to split the operations of the space group $R$ into the 3! sets $S_{abc}, S_{cab}, \ldots, S_{eoa}$ defined as follows. The first consists of elements which map $|c\rangle$ to itself. On the other hand, the elements of $S_{cab}$ map
TABLE VIII: Character table of $C_{\infty v}$ (see e.g. Ref. [37]). Here, $E$ denotes the identity, $R_d$ the set of $U(1)$ rotations, and $\sigma_v$ the set of all vertical mirror planes. The IR’s of $C_{\infty v}$ are characterized by $|S_z|$, and the “parity” under $\sigma_v$ for $S_z = 0$.

| $|S_z|, \sigma_v$ | $E$ | $R_d$ | $\sigma_v$ |
|----------------|-----|-----|-----|
| 0, +           | 1   | 1   | 1   |
| 0, -           | 1   | 1   | -1  |
| $n \geq 1$     | 2   | $2 \cos n\phi$ | 0   |

TABLE IX: The numerical values of the integers $N_{abc}, N_{cab},$ etc. defined in the text. Remaining IR’s or blank entries correspond to vanishing values. We also give the order of the corresponding stabilizers $H_c \subseteq G$.

<table>
<thead>
<tr>
<th>$H_c$</th>
<th>Cuboc. $\Gamma$ (A1g,A2g,Eg)</th>
<th>Cuboc. $M$ (A1g,Eg,T2u)</th>
<th>Icosi. (Ag,An,Fg,Fu,Hg,Hu)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$</td>
<td>S_z</td>
<td>= 48$</td>
<td>(8, 8, 16)</td>
</tr>
<tr>
<td>$</td>
<td>S_z</td>
<td>= 16$</td>
<td>(8, 8, 8)</td>
</tr>
<tr>
<td>$</td>
<td>S_z</td>
<td>= 12$</td>
<td>(8, 8, 8)</td>
</tr>
<tr>
<td>$</td>
<td>S_z</td>
<td>= 8$</td>
<td>(8, 8, 0)</td>
</tr>
<tr>
<td>$</td>
<td>S_z</td>
<td>= 6$</td>
<td>(8, 8, 0)</td>
</tr>
</tbody>
</table>

The order of $H_c$ is given by $|S_z|$.

We note here that one can make a choice of $G$ depending on the amount of information we seek. For instance we may choose according to the symmetries we implement in our exact diagonalizations. We may even take $L$ as the identity, i.e. $G = R$. In the latter case we recover Eq. (B3). The type and number of invariant vector spaces in each case will be different and the symmetry decomposition must be applied to each one separately, but the corresponding results will be consistent with each other.

Let us now apply the above to the zero-field Heisenberg model and the XY model.

**a. SU(2) point**

Here we take $L = SU(2)$ and $\lambda$ is the total spin $S$ which is integer here. A single $|c\rangle$ generates the full set of coplanar states for each family of the clusters. The elements of $S_{bac}, S_{cba},$ and $S_{acb}$ can be combined with $\pi$ rotations of $SU(2)$ and bring $|c\rangle$ back to itself. Thus again $|H_c| = |S_{abc}| + \ldots + |S_{cba}|$. Using Eq. (B4) with $\gamma = (\rho, S)$ then

$$m_{\rho,S} = \left[ N_{abc}^\rho \chi^S(0) + N_{cab}^\rho \chi^S(2\pi/3) + N_{bac}^\rho \chi^S(4\pi/3) \right]$$

$$+ (N_{bac}^\rho + N_{acb}^\rho + N_{cba}^\rho) \chi^S(\pi) / |H_c|.$$

Replacing the values of Table IX for each family separately we obtain the symmetry structures given in Table VIII.

**b. XY point**

Here, we take $L = C_{\infty v}$, which includes $U(1)$ rotations and the continuous set of vertical (i.e. containing the z-axis) mirror planes. The IR’s of $C_{\infty v}$ can be generally labeled by a non-negative integer $n$ or $|S_z|$, with an additional label $\sigma_v = \pm 1$ for $n = 0$ which stands for the parity under the mirror operation. Hence $L = (|S_z|, \sigma_v)$. All IR’s for $n = |S_z| \neq 0$ are two-dimensional and consist of pairs of $S_z$ and $-S_z$ basis vectors. The characters of $C_{\infty v}$ are given in Table VIII.

It suffices to select a single coloring state $|c\rangle$ since this generates all coloring states for both clusters. The stabilizer $H_c$ can be found as follows. Each one of the sets $S_{abc}, S_{cab},$ etc. discussed above can be combined with one of the elements of $C_{\infty v}$ to give $|c\rangle$ again. For instance, an element of $S_{cab}$ can be combined with a $U(1)$ spin rotation of $2\pi/3$. On the other hand, an element of $S_{bac}$ can be combined with a mirror plane containing the C-axis (i.e. that of the spins “colored” as $C$). The set of all such combined operations span $H_c$, i.e. $|H_c| = |S_{abc}| + \ldots + |S_{bac}|$. Using Eq. (B4) with $\gamma = (\rho, \lambda)$ then

$$m_{\rho,\lambda} = \left[ N_{abc}^\rho \chi^\lambda(E) + N_{cab}^\rho \chi^\lambda(2\pi/3) + N_{bac}^\rho \chi^\lambda(4\pi/3) \right]$$

$$+ (N_{bac}^\rho + N_{acb}^\rho + N_{cba}^\rho) \chi^\lambda(\sigma_v) / |H_c|.$$

Replacing the values of Table IX and the characters $\chi^\lambda$ from Table VIII for each family separately we obtain the symmetry structures given in Table VIII. According to this table, the symmetry pattern repeats itself every three $S_z$ sectors. In particular, the full set of spatial IR’s of Eqs. (19) and (20) is contained in any triad of subsequent $S_z$ sectors. As can be seen from the above relations, this periodic pattern stems from the 120° $3$-sublattice symmetry structure of the coplanar states (the character $\chi^\lambda(\phi) \sim \cos(n\phi)$ with $\phi = 0, 2\pi/3, 4\pi/3$ has a period of $n = 3$).

In connection to a remark above, it is clear that we could have chosen here $L = U(1)$ instead of $C_{\infty v}$. The corresponding stabilizer would then obviously be different from the above since none of the combinations of $S_{bac}, S_{acb}$ and $S_{cba}$ with $U(1)$ rotations can bring $|c\rangle$ to itself. Nevertheless, the results from the two different choices of $L$ are consistent with each other.
We should finally emphasize a non-trivial feature which appears in both Tables [VIII] and [V] and holds for each family separately. Namely that the total number $m_\lambda$ of states (counting the degeneracy $d_\rho$ of spatial IR’s) for a given IR $\lambda$ of the spin group $L$ is equal to the dimensionality $d_\lambda$ of this IR (i.e. $(2S+1)$ for the Heisenberg case, see Table [VIII] for the XY case) times the ratio $|R|/|H_0|$. This feature can be proven by group theory alone using $m_\lambda = \sum_\rho d_\rho m_{\rho,\lambda}$, Eq. (B4) and the so-called character orthogonality relation.


The presence of these singlets has been revealed previously by the work of R. Schmidt et al., in Ref. [15] but the exact numbers and degeneracies could not be resolved by the reduced symmetry ED method used there.

Quite interestingly, this number equals approximately 1.15727 which is quite close to the reported scaling of $\approx 1.15^N$ for the number of low-lying singlets in the kagomé (with even $N$) despite the fact that the icosidodecahedron contains pentagons and not hexagons.

This particular point for $\epsilon_c(s)$ has been overlooked in Ref. [11] in the context of the checkerboard lattice.

We should note here that larger clusters have a larger number of coplanar GS’s and thus decompose into an accordingly larger number of spatial IR’s (eventually containing all possible spatial IR’s for large enough sizes). This can be already seen for the icosidodecahedron whose classical GS’s decompose into 8 out the 10 different IR’s of $h$. The cuboctahedron on the other hand, has a small number of coplanar GS’s and this allows to recognize their traces in the low-lying excitation spectra.

Note that the remaining degeneracy is lifted already by harmonic spin waves with a selection of the $q = 0$ state at small fields and a peculiar competition between the $q = 0$ and the $\sqrt{3}\times \sqrt{3}$ state at higher fields (cf. Fig. 8 of Ref. [51]).

An explanation of this feature can be readily given for the cuboctahedron: Here the 9 “uud” colorings can arise from the 24 vertex three-colorings $P_{ABC}$ by identifying e.g. A with B and thus the symmetry IR’s of the former are contained in the latter. Things are slightly different for the icosidodecahedron: Here the 60 vertex three-colorings of $R_{ABC}$ provide (by identifying A with B) only the 30 “uud” colorings of $R_{uud}^{(30)}$. Each of the remaining 6 “uud” states of $R_{uud}^{(6)}$ contain two pentagonal loops of the type of Fig. 12(a) (i.e. they have $n_a = 2$) with five spins pointing up and thus cannot arise from a vertex three-coloring (since we cannot put alternating A, B spins on a pentagon).

Interestingly the $s = 1/2$ XY model spectrum (not shown here) resembles much more the $s = 1/2$ Heisenberg spectra of Fig. 14 and does not show the well separated tower of states of the large $s$ XY model.

Our notation for these two orbits is borrowed from the corresponding points of the Brillouin zone of the 12-site kagomé, i.e. the $k = 0$ point and the three $M$-momenta at the middle points of the boundary edges. Note however that the three orbits of the M family are not in one-to-one correspondence with the three $M$-momenta but rather combine all of them.